

Move Like Jagger

拍數: 64 牆數: 2 級數: Phrased Beginner
編舞者: Melvin Tan (MY) - November 2011
音樂: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5



Sequence : AABB, AABB, AA Tag BB

PART A

Section 1 : Step Side, Together 2x

- 1,2 Step R to R, push both arms out slight diagonal to L (1), Step L next to R, arms at the waist (2)
- 3,4 Repeat step 1,2
- 5,6 Step L to L, push both arms out slight diagonal to R (5), Step R next to L, arms down at the waist (6)
- 7,8 Repeat step 5,6

Section 2 : Walk 3x, Kick, Step, ½ Turn, ½ Turn, Touch

- 1,2,3 Walk forward RLR
- 4,5 Kick L forward, Step L down
- 6,7 Step R ½ to R, Step L back ½ to R
- 8 Touch R next to L

Section 3 : Monterey ½ Turn, Jazz Box

- 1,2 Point R toe to R, Turn ½ R closing R next to L (6:00)
- 3,4 Point L toe to L, Step down L next to R
- 5,6 Cross R over L, Step back on L
- 7,8 Step R on R, Cross L over R

Section 4 : Look Back, Slap Butt 2x, Hip Roll

- 1,2 Looking back over R shoulder, Slap butt with R hand (1), Hold (2),
- 3,4 Looking back over L shoulder, Slap butt with L hand (1), Hold (2),
- 5,6,7,8 Hip Roll from L to R

PART B

Section 5 : Jagger Walk Forward 4x, Step Touch 2x

- 1-4 Walk RLRL (Styling: Jagger walk : drop right shoulder with each walk step)
- 5,6 Step R to R, Touch L behind R (Styling : shoulder seesaw)
- 7,8 Step L to L, Touch R behind L (Styling : shoulder seesaw)

(Do this section for 2nd round of Part B)

(Section 5a : Walk backward 4x, Step Touch 2x)

- 1-4 Walk backward RLRL
- 5,6 Step R to R, Touch L behind R
- 7,8 Step L to L, Touch R behind L)

Section 6 : Kick Ball Point 2x, Touch Full Turn Unwind, Touch

- 1&2 Kick R leg. cross both arms out front (1), Step down on R (&), Point L to L, both arms down at side(2)
- 3&4 Kick L leg. cross both arms out front (3), Step down on L (&), Point R to R, both arms down at side(4)
- 5 Touch R behind L
- 6,7 Full turn unwind to R
- 8 Touch L to L (Styling : L arm extend straight out to L)

Section 7 : Arm Swings with hip bumps

- 1 With L arm still extend straight out to L, circle R arm clockwise to 1:30
- 2 Circle R arm anti-clockwise to 4:30
- 3 Hook R arm close to body
- 4 Throw R arm out to 4:30 again
- 5-8 Repeat step 1-4

Section 8 : Step Touch 4x with Arms rolling

- 1,2 Step L to L, Touch R next to L
- 3,4 Step R to R, Touch L to R
- 5,6 Step L to L, Touch R next to L
- 7,8 Step R to R, Step L to R

Tag : (See Sequence)

- 1-4 Pose, extending R arm out front moving from L to R

Enjoy ^^
