

Y Ahorrante

拍數: 60 牆數: 1 級數: Phrased Improver
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音樂: Infiel - Rocío Dúrcal



Intro: 2 counts - Sequence: ABBCB-ABBCB-BB

A. ROCK-AND-ROCK, WEAWE RIGHT, VINE LEFT, HIP BUMPS

1-4 Rock L forward, recover to R, rock L forward, hold
5-8 Rock R forward, recover to L, rock R forward, hold

9-16 Repeat 1-8

17-18 Cross L over R, step R to side
19-20 Cross L behind R, touch R to side
21-22 Cross R behind L, step L to side
23-24 Cross R over L, touch L to side

25-32 Repeat 17-24

33-36 Step down on L bumping hips left, right, left, right

B. BOX STEPS, SIDE-AND-SIDE, MAMBO STEPS, FULL TURN

1-4 Step L to side, slide R together, step L forward, touch R together
5-8 Step R to side, slide L together, step R back, touch L together

9-12 Step L to side, slide R together, step L forward, touch R together
13-16 Step R to side, slide L together, step R to side, hold

17-18 Turn to left diagonal and rock L back, recover to R
19-20 Square up front and step L to side, hold
21-22 Turn to right diagonal and rock R back, recover to L
23-24 Square up front and step R to side, hold

25-26 Cross L over turning 1/2 right, Step R forward turning 1/4 right
27-28 Step L forward turning 1/4 right, step R together

C. EXTENDED WEAVES, SLOW PRISSY WALK, ANGLED SLIDE-STEPS

1-4 Cross L over R, step R to side, cross L behind R, step R to side
5-6 Cross L over R, touch R to side

7-10 Cross R over L, step L to side, cross R behind L, step L to side
11-12 Cross R over L, touch L to side
13-16 Step L in front of R, hold, step R in front of L, hold

17-18 Step L forward, touch R next to L
19-20 Drag R back diagonally to right, touch L together
21-22 Drag L back diagonally to left, touch R together
23-24 Drag R back diagonally to right, touch L together