

Glory Glory Man United

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Shirley Selvasingam (MY) - October 2011
音樂: Glory Glory Man United - Manchester United FC 1983



Start after 32 counts

R OVER L, RECOVER L, SHUFFLE, L OVER R, RECOVER R, ¼ TURN LEFT, SHUFFLE

1-4 R over L, recover L, shuffle on the spot R-L-R
5-8 L over R, recover R, shuffle on the spot L-R-L

WALK FORWARD DIAGONALLY LEFT, WALK BACKWARDS DIAGONALLY RIGHT

1-4 Walk forward diagonally (1/8 left) R-L-R, raising both hands gradually upward, hitch L while turning 1/4 right
5-8 Walk backwards diagonally right L-R-L, lowering hands gradually down, hitch R while turning 1/8 right

LOCK STEP, PADDLE

1-4 Lock step R-L-R, Point L toe next to right
5-8 Paddle ¼ right L-R-L-R

STEP L, STEP R, MARCH

1-2 Step L diagonally left forward, right hand straight up, point index finger up, elbow supported by left hand, hold
3-4 Step right diagonally right forward, right hand straight ahead, point index finger straight ahead, elbow supported by left hand, hold
5-8 Bring down both hands, march on the spot L-R-L, hold

Repeat

Tag after the 1st sequence

1-6 R over L, recover L, step R next to L, L over R, recover R, step L next to R
7-8 Shimmy shoulders

Tag after the 4th and 7th sequences

1-6 R over L, recover L, step R next to L, L over R, recover R, step L next to R
