

Just For Me

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ria Vos (NL) - November 2011
音樂: My Baby Just Cares for Me - Renee Olstead : (Album: Skylark)



Intro: 16 counts

Kick, Kick, & Cross, Side, Behind, $\frac{3}{4}$ L Unwind, $\frac{1}{4}$ L Chasse

1-2& Kick R Fwd to Left Diagonal, Kick R Fwd to R Diagonal, Step on Ball of R Next to L
3-4 Cross L Over R, Step R to Right Side
5-6 Cross L Behind R, Unwind $\frac{3}{4}$ Turn Left (weight on L)
7&8 $\frac{1}{4}$ Turn Left Step R to Right Side, Step L Next to R, Step R to Right Side (12:00)

Kick, Kick, & Heel Grind, Behind, Side, Cross Rock

1-2& Kick L Fwd to Right Diagonal, Kick L Fwd to Left Diagonal, Step on Ball of L Next to R 3-4
Dig R Heel Across L, Grind on R Heel Toes to Right Steppin L to Left Side
5-6 Step R Behind L, Step L to Left Side
7-8 Cross Rock R Over L, Recover on L

$\frac{1}{4}$ Turn R, $\frac{1}{4}$ Turn R, Behind, $\frac{1}{4}$ Turn L, Step $\frac{1}{2}$ Pivot L, Step, $\frac{1}{2}$ Turn R

1-2 $\frac{1}{4}$ Turn Right Step Fwd on R, $\frac{1}{4}$ Turn Right Step L to Left Side (6:00)
3-4 Step R Behind L, $\frac{1}{4}$ Turn Left Step Fwd on L (3:00)
5-6 Step Fwd on R, Pivot $\frac{1}{2}$ Turn L (9:00)
7-8 Step Fwd on R, $\frac{1}{2}$ Turn Left step Back on L (3:00)

$\frac{1}{4}$ R Chasse, Cross Rock, Chasse L, Cross Rock

1&2 $\frac{1}{4}$ Turn Right Step R to Right Side, Step L Next to R, Step R to Right Side (6:00)
3-4 Cross Rock L Over R, Recover on R
3&4 Step L to Left Side, Step R Next to L, Step L to Left Side
7-8 Cross Rock R over L, Recover on L

$\frac{1}{4}$ Turn R, Point, Full Turn L, Point, $\frac{1}{4}$ Turn R, $\frac{1}{4}$ Turn R

1-2 $\frac{1}{4}$ Turn Right Step R to Right Side, Point L to Left Side (9:00)
3-4 $\frac{1}{4}$ Turn Left Step Fwd on L, $\frac{1}{2}$ Turn Left Step Back on R (12:00)
5-6 $\frac{1}{4}$ Turn Left Step L to Left Side, Point R to Right Side (9:00)
7-8 $\frac{1}{4}$ Turn Right Step Fwd on R, $\frac{1}{4}$ Turn Right Step L to Left Side (3:00)

Behind, Kick, Behind, Kick, Rock Back, Heel-Ball-Cross

1-2 Step R Behind L, Kick L to Left Side
3-4 Step L Behind R, Kick R to Right Side
5-6 Rock Back on R, Recover on L
7&8 Tap R Heel Fwd to Right Diagonal, Step on Ball of R Next to L, Cross L Over R

Side, Drag, Sailor Step, Behind, $\frac{1}{4}$ Turn L, Shuffle $\frac{1}{2}$ L

1-2 Big Step R to Right Side, Drag L Towards R
3&4 Step L Behind R, Step R to Right Side, Step L to Left Side
5-6 Step R Behind L, $\frac{1}{4}$ Turn Left Step Fwd on L (12:00)
7&8 Shuffle $\frac{1}{2}$ Turn Left Stepping R, L, R (6:00)

Out-Out, Bump or Roll Hips, Monterey $\frac{1}{4}$ Turn R

1-2 Step Out on L, Step Out on R (shoulder width apart)
3-4 Bump or Roll Hips CCW Weight Ending on L
5-6 Point R to Right Side, $\frac{1}{4}$ Turn Right Stepping R Next to L (9:00)

