

Language of The Heart

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Intermediate / Advanced
編舞者: Ria Vos (NL) - November 2011
音樂: Worth It - Francesca Battistelli : (Album: Hundred More Years)



Intro: 8 counts

Side, Behind, ¼ R, Step Pivot ¼ Turn R, Cross, ¼ L, ½ Turn L with Sweep, Cross, Side, Rock Back, ¼ L, ¼ L

- 1-2& Long Step R to Right Side, Step L Behind R, ¼ Turn Right Step Fwd on R (3:00)
- 3& Step Fwd on L, Pivot ¼ Turn Right (6:00)
- 4& Cross L Over R, ¼ Turn Left Step Back on R (3:00)
- 5 ½ Turn Left Step Fwd on L Sweeping R From Back to Front (9:00) ***Ending
- 6& Cross R Over L, Step L to Left Side
- 7& Rock Back on R, Recover on L
- 8& ¼ Turn Left Step Back on R, ¼ Turn Left Step L to Left Side (3:00)

R Step Diag. Fwd Run, Run, Rock Fwd, Back, Lock, Back, Sweep, Behind, ¼ L, Step Pivot ¼ Turn L, Cross Rock

- 1-2& Step R Fwd to Left Diagonal, "Run" Fwd to Left Diagonal L, R (1:30)
- 3& (Still on Diagonal) Rock Fwd on L, Recover on R
- 4&5 (Still on Diagonal) Step Back on L, Lock R in Front of L, Step Back on L
- 6& Sweep R and Step R Behind L (Straighten up to 12:00), ¼ Turn Left Step L Fwd (9:00)
- 7& Step Fwd on R, Pivot ¼ Turn Left (6:00)
- 8& Cross Rock R over L, Recover on L ***Restart Point

Basic R, ¼ R Step Back, Sweep ¼ R, Rock Back, Side, Cross, ¼ L, Rock Back, ½ R, ¼ R

- 1-2& Long Step R to Right Side, Rock L Behind R, Recover on R
- 3& ¼ Turn R Step Back on L, ¼ Turn R Sweep R from Front to Back (fluid these steps)
- 4&5 Rock Back on R, Recover on L, Long Step R to Right Side (angle body R)
- 6& Cross L Over R, ¼ Turn Left Step Back on R (9:00)
- 7& Rock Back on L, Recover on R
- 8& ½ Turn Right Step Back on L, ¼ Turn Right Step R to Right Side (6:00)

Cross Rock, & Cross Rock, & Cross ¼ Turn L with Hitch, Prissy Walks, Pivot ¾ Turn L

- 1-2& Cross Rock L Over R, Recover on R, Step L Next to R
- 3-4& Cross Rock R Over L, Recover on L, Step R Next to L
- 5 Cross L Over R and Hitch R into a ¼ Turn Left (3:00)
- 6-7 R Step Fwd and Slightly Crossed over L, L Step Fwd and Slightly Crossed over R
- 8& Step Fwd on R, Pivot ¾ Turn Left (6:00)

Restarts: After count 16& on wall 2 and 4, both facing 12:00

Ending: On count 5, Sweep another ¾ Turn Left (if you can... ?) to end facing front.