

Jaggered

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Colleen Archer (AUS) - November 2011
音樂: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5 : (3:21)



Intro: 32 counts SP: Weight on L "For...Sherine"

SIDE, TWIST R, L, FLICK, SIDE, BEHIND, SIDE, ACROSS

1, 2 Step R to side, Twist both heels to right
3, 4 Twist both heels to left, Flick R heel up behind L knee
5, 6 Step R to side, Step L behind R
7, 8 Step R to side, Step L across R (12)

SIDE & SWAY R, L, BUMP R TWICE, FORWARD, KICK, BACK, TOUCH,

1, 2 Step R to side & sway hips right, Sway hips left
3, 4 Bump R hip to right twice
5, 6 Small step L forward, Kick R forward
7, 8 Small step R back, Touch L toe back (12)

¼ PADDLE, ROCK BACK, FWD, ¼ PADDLE, ROCK BACK, FWD

1, 2 Step L forward, Turn ¼ right taking weight R
3, 4 Step L back, Rock forward onto R
5, 6 Step L forward, Turn ¼ right taking weight R
7, 8 Step L back, Rock forward onto R (6)

SIDE & SWAY L, R, BEHIND, SIDE, ROCKING CHAIR

1, 2 Step L to side and sway hips L, Sway hips R taking weight right
3, 4 Step L behind R, Step R to side
5, 6 Step L forward, Recover R
7, 8 Step L back, Recover R (6)

¼ PADDLE, WEAVE ACROSS, SIDE, BEHIND, SIDE, CROSS ROCK, REC

1, 2 Step L forward, Turn ¼ right taking weight R
3, 4 Step L across R, Step R to side
5, 6 Step L behind R, Step R to side
7, 8 Step L forward to 45° right, Recover R (9)

BACK, TOUCH, HIPS R, L, R, BACK TOUCH, HIPS R, L, R

1, 2 Step L back to 45° left, Touch R beside L
3 & 4 Touch R toe back to 45° right, push hips R L R taking weight R
5, 6 Step L back to 45° left, Touch R beside L
7 & 8 Touch R toe back to 45° right, push hips R L R taking weight R (9)

BACK, TOG, FWD, SCUFF, ACROSS, BACK, ROCK SIDE, TURN ¼

1, 2 Step L back, Step R beside L
3, 4 Step L forward, Scuff R forward
5, 6 Step R across L, Step L back
7, 8 Step R to side, Turn ¼ left taking weight L (6)

HEEL, TOE, HEEL, TOE, SIDE, REC, BEHIND, SIDE

1, 2 Touch R heel forward 45° right turning R knee out, Touch R toe beside L turning R knee in
3, 4 Touch R heel forward 45° right turning R knee out, Touch R toe beside L turning R knee in

5, 6 Step R to side, Recover L
7, 8 Step R behind L, Step L to side (6)

Begin again.....

TAG: At the end of the FIFTH wall, add a right Rocking Chair....

1 – 4 Step R forward, Recover L, Step R back, Recover L (6)

FINISH: Dance first 7 counts of dance and step L beside R.

Dance may be copied and distributed provided original steps remain unchanged.

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