

Lover or Friend

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Beginner
編舞者: Sally Hung (TW) - November 2011
音樂: Hai Shi Pon Yo (還是朋友) - Rachel Liang (梁文音)



Dance starts from vocals - Dance sequence: AABB /Tag ABBA /4-count BBA

Tag : (16 counts) only at wall 5

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5-6 Step right diagonal forward, touch left toes back
7-8 Step right diagonal forward, touch left toes back

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, cross right over left
5-6 Step left diagonal forward, touch right toes back
7-8 Step left diagonal forward, touch right toes back

Tag: 4-counts (only at wall 9)

1-2 Weight on the right
3-4 Weight on the left

SECTION A (32 counts)

AI. RIGHT VINE, DIAGONAL FORWARD, TOUCH BACK

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5-6 Step right diagonal forward, touch left toes back
7-8 Step right diagonal forward, touch left toes back

AII. LEFT VINE, DIGAONAL FORWARD, TOUCH BACK

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, cross right over left
5-6 Step left diagonal forward, touch right toes back
7-8 Step left diagonal forward, touch right toes back

AIII. CHARLESTON STEP x 2

1-2 Step right forward, touch left heel forward
3-4 Step left back, touch right toes back
5-6 Step right forward, touch left heel forward
7-8 Step left back, touch right toes back

AIV. JAZZ BOX 1/4 TURN x 2

1-2 Cross right over left, make 1/4 turn right stepping back on left
3-4 Step right to right side, step forward on left
5-6 Cross right over left, make 1/4 turn right stepping back on left
7-8 Step right to right side, step forward on left

SECTION B (32 counts)

BI. POINT IN PLACE, STEP BACK, STEP TOGETHER

1-2 Point right in place, point left in place
3-4 Point right in place, point left in place
5-6 Step right back , step left back
7-8 Step right back, step left together

BII. STEP CROSS x2, KICK FORWARD, HEELS SPREAD & CLOSE

- 1-2 Step right to right side, cross left behind right
- 3-4 Step left to left side, cross right behind left
- 5-6 Kick right forward, kick left forward
- 7&8& Heels spread - heels close x 2

BIII. WALK WALK AS A CIRCLE

- 1-4 Walk right, left, right right as 1/2 circle
- 5-8 Walk left, right, left left as 1/2 circle

BIV. STEP CROSS x2, KICK FORWARD, HEELS SPREAD & CLOSE

- 1-2 Step right to right side, cross left behind right
- 3-4 Step left to left side, cross right behind left
- 5-6 Kick right forward, kick left forward
- 7&8& Heels spread - heels close x 2

***Ending at wall 10 A facing 6:00, step right forward & half circling right back to 12:00**

Happy dancing!

Contact Sally Hung: hung1125@gmail.com
