

# Lover or Friend

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Phrased Beginner  
編舞者: Sally Hung (TW) - November 2011  
音樂: Hai Shi Pon Yo (還是朋友) - Rachel Liang (梁文音)



Dance starts from vocals - Dance sequence: AABB /Tag ABBA /4-count BBA

## Tag : (16 counts) only at wall 5

1-2            Step right to right side, cross left behind right  
3-4            Step right to right side, cross left over right  
5-6            Step right diagonal forward, touch left toes back  
7-8            Step right diagonal forward, touch left toes back

1-2            Step left to left side, cross right behind left  
3-4            Step left to left side, cross right over left  
5-6            Step left diagonal forward, touch right toes back  
7-8            Step left diagonal forward, touch right toes back

## Tag: 4-counts (only at wall 9)

1-2            Weight on the right  
3-4            Weight on the left

## SECTION A (32 counts)

### AI. RIGHT VINE, DIAGONAL FORWARD, TOUCH BACK

1-2            Step right to right side, cross left behind right  
3-4            Step right to right side, cross left over right  
5-6            Step right diagonal forward, touch left toes back  
7-8            Step right diagonal forward, touch left toes back

### AII. LEFT VINE, DIGAONAL FORWARD, TOUCH BACK

1-2            Step left to left side, cross right behind left  
3-4            Step left to left side, cross right over left  
5-6            Step left diagonal forward, touch right toes back  
7-8            Step left diagonal forward, touch right toes back

### AIII. CHARLESTON STEP x 2

1-2            Step right forward, touch left heel forward  
3-4            Step left back, touch right toes back  
5-6            Step right forward, touch left heel forward  
7-8            Step left back, touch right toes back

### AIV. JAZZ BOX 1/4 TURN x 2

1-2            Cross right over left, make 1/4 turn right stepping back on left  
3-4            Step right to right side, step forward on left  
5-6            Cross right over left, make 1/4 turn right stepping back on left  
7-8            Step right to right side, step forward on left

## SECTION B (32 counts)

### BI. POINT IN PLACE, STEP BACK, STEP TOGETHER

1-2            Point right in place, point left in place  
3-4            Point right in place, point left in place  
5-6            Step right back , step left back  
7-8            Step right back, step left together

**BII. STEP CROSS x2, KICK FORWARD, HEELS SPREAD & CLOSE**

- 1-2 Step right to right side, cross left behind right
- 3-4 Step left to left side, cross right behind left
- 5-6 Kick right forward, kick left forward
- 7&8& Heels spread - heels close x 2

**BIII. WALK WALK AS A CIRCLE**

- 1-4 Walk right, left, right right as 1/2 circle
- 5-8 Walk left, right, left left as 1/2 circle

**BIV. STEP CROSS x2, KICK FORWARD, HEELS SPREAD & CLOSE**

- 1-2 Step right to right side, cross left behind right
- 3-4 Step left to left side, cross right behind left
- 5-6 Kick right forward, kick left forward
- 7&8& Heels spread - heels close x 2

**\*Ending at wall 10 A facing 6:00, step right forward & half circling right back to 12:00**

**Happy dancing!**

**Contact Sally Hung: [hung1125@gmail.com](mailto:hung1125@gmail.com)**

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