

Af Af Af (Down, Down, Down)

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Martie Papendorf (SA) - November 2011
音樂: Af en Af - Kurt Darren : (3:05)



Af Af Af also has the double meaning of "Off, Off, Off" in all the meanings of that word!

Alt. Music – Af en Af by Carlo en Leo/ Helemaal Hollands on Vanavond gaat het gebeuren [3.04 152bpm]

Start - On vocals after 16 beats

S1: Vine with a touch R and L.

1,2,3,4 Step R to right side, Cross L behind R, Step R to right side, Touch L next to R,
5,6,7,8 Step L to left side, Cross R behind L, Step L to left side, Touch R next to L

S2: [Step R, Pop L knee, Step L, Pop R knee], Repeat

1,2,3,4 Step R next to L, Pop L knee across R, Step L next to R, Pop R knee across L,
5,6,7,8 Repeat

S3: Diagonal fwd, Together, 2 Heel bounces, Back, Together, 2 Heel bounces

1,2 Step R fwd to right diagonal, Step L next to R, 1.30
3,4 Bounce both heels 2x [weight to R],
5,6 Step L back keeping on right diagonal, Step R next to L,
7,8 Bounce both heels 2x [weight to L]

S4: Step, Touch, Step, Touch, Step, Touch, Step, Touch

1,2 Step R to right side to face 3.00, Touch L next to R, 3.00
3,4 Step L in place, Touch R next to L,
5,6 Step R to right side, Touch L next to R, 3.00
7,8 Step L in place, Touch R next to L
