

Dance 'Baby' Dance

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sebastiaan Holtland (NL) - November 2011
音樂: Dance With Me (feat. Pitbull) - Riz



(Sequence: 64, 64, 64, 64, 64, 64, 32, Ending).

32 count intro (15 Sec)

Sec 1: Step, Heel Twists, Point Back, Unwind ½ L, Dorothy Step, ¼ L, Dorothy Step.

- 1&2 Step Lf slightly forward, twist both heels to left, twist both heels back to centre (weight onto right). (12:00)
3-4 Point Lf back, unwind ½ left (6) take weight onto Lf.
5,6& Step Rf diagonal forward right, lock Lf behind Rf, step Rf diagonal forward right.
7,8& Turn ¼ left (3) step Lf diagonal forward left, lock Rf behind Lf, step Lf diagonal forward left.

Sec 2: ½ Pivot L, Step, ½ R, Back, ¼ R, Side, Hold, Together, Side Rock, Recover.

- 1-2 Step Rf forward, turn ½ left (9) taking weight onto Lf.
3-4 Step Rf forward, turn ½ right (3) step Lf back weight onto Lf.
5-6 Turn ¼ right (6) step Rf to right, Hold.
&7-8 Step Lf next to Rf, rock Rf to the right, recover on Lf. (6:00)

Sec 3: Cross & Heel ¼ R, Ball, Fwd Rock, Recover, Back Side Cross ¼ R, Side, Drag.

- 1&2 Cross Rf over Lf, turn ¼ right (9) step back on Lf, touch R heel diagonal forward.
&3-4 Step Rf back in place on ball, rock Lf forward, recover on Rf.
5&6 Step Lf back, turn ¼ right (12) step Rf to the right, cross Lf over Rf weight onto Lf.
7-8 Step Rf to the right, drag on Lf weight onto Rf. (12:00)

Sec 4: Behind, Side, ¼ R, Back, Back Rock, Recover, ½ L, Back, Out, Heel Bounce.

- 1-2 Step Lf behind Rf, step Rf to the right weight onto Rf. (12)
3-4 Turn ¼ right (3) step Lf back weight onto Lf.
4-5-6 Rock Rf back, recover on Lf, turn ½ left (9) step Rf back weight onto Rf.
7&8 Step Lf out to the left, raise both heels, drop both heels (9:00)

Sec 5: Jump Both Feet Apart Back, Heel Bounce, ¼ L, Jump Both Feet Apart, Heel Bounce, Sailor step x2 R-L.

- &1&2 Jump both feet apart slightly back (&1), raise both heels, drop both heels.
&3&4 Turn ¼ left (6) jump both feet apart (&3), raise both heels, drop both heels taking weight onto Lf.
5&6 Step Rf behind Lf, step Lf to the left, step Rf forward.
7&8 Step Lf behind Rf, step Rf to the right, step Lf forward. (6:00)

Sec 6 Step, ¼ R, Side, Sailor Kick (Diag), Ball, Cross, Hold & Cross, Hold.

- 1-2 Step Rf forward, turn ¼ right (9) step Lf to the left weight onto Lf.
3&4 Step Rf behind Lf, step Lf to the left, kick Rf diagonal forward.
&5-6 Step Rf back in place on ball, cross Lf over Rf, Hold.
&7-8 Step Rf slightly to the right, cross Lf over Rf, Hold (weight onto Lf). (9:00)

Sec 7: R Side Jump, Hold, ¼ L, Fwd Jump, Hold, ¼ L, Side Jump, Hold, Side Jump, Hold.

- &1-2 Small jump to right on Rf, touch Lf together, Hold.
&3-4 Turn ¼ left (6) small jump forward on Lf, touch Rf together, Hold.
&5-6 Turn ¼ left (3) small jump to right on Rf, touch Lf together, Hold.
&7-8 Small jump to left on Lf, touch Rf together, Hold. (3:00)

Sec 8: Replace, Side Rock, Recover, L Sailor Step, Step, Heel Twist, Coaster Step.

- &1-2 Step Rf back in place, rock Lf to the left, recover on Rf weight onto Rf. (3)
- 3&4 Step Lf behind Rf, step Rf to the right, step Lf to the left weight onto Lf.
- 5&6 Step Rf slightly forward, twist both heels to right, twist both heels back to centre (weight onto left).
- 7&8 Step Rf back, step Lf beside Rf, step Rf forward weight onto Rf. (Coaster Step)

Start again and have fun
