

Blessed Rumba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Judy Rodgers (USA) - November 2011
音樂: Blessed - Andy Fortuna Productions : (Album: Latin Jam)



Alt. Music: And I Love Her by the Beatles; Amazon.com

32 count intro on Blessed (instrumental), [16 cnt intro on And I Love Her]

Forward, Hold, Forward, Together, Back (1/4 turn), Hold, Side, Together

1-4 Step left forward, hold, step right forward to left diagonal, step left together 11:00
5-6 Step right back finishing ¼ turn left, hold 9:00
7-8 Step left to side, step right together
(note: forward box turning ¼ left)

Side rock, Hold, Recover, Together (Left and Right)

1-4 Rock left to left side, hold, recover to right, step left together
5-8 Rock right to right side, hold, recover to left, step right together

Side, Hold, Cross rock, Recover, Turn 1/4 , Hold, Forward, turn 1/4

1-4 Step left to left, hold, cross right over left, recover to left
5-6 Turn ¼ right step right forward, hold 12:00
7-8 Step left forward, turn ¼ right stepping right to side 3:00

Forward, Hold, Rock forward, Recover, Forward, Hold, Step side, Together

1-2 Step left forward, hold
3-4 Rock forward on right, recover to left
(option 3-4: turn ½ left stepping back on right, turn ½ left stepping forward on left)
5-8 Step right forward, hold, step left to left side, step right together

Repeat
