

She Never Complains

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Christine Bass (USA) & Tom Knight (USA) - November 2011
音樂: A Good Hearted Woman - LeAnn Rimes : (CD: Lady & Gentlemen)



Intro: 16 counts / start on vocals

Right Heel Grind/Rock Recover, Right Coaster Step, Left Heel Grind/Rock Recover, Left Coaster Step [12:00]

1 – 2 Right heel grind forward, recover onto left foot.
3 & 4 Right coaster step (step right foot back, bring left foot to center, step right foot forward)
5 – 6 Left heel grind forward, recover onto right foot
7 & 8 Left coaster step (step left foot back, bring right foot to center, step left foot forward)

Right Forward Rock/Recover, Shuffle ½ Turn Right, ¼ Pivot Turn Right, Cross shuffle [9:00]

1 – 2 Rock forward onto right foot, recover onto left foot
3 & 4 Turning shuffle ½ right, left, right,
5 – 6 Step forward onto left foot, pivot turn ¼ right
7 & 8 Cross shuffle left, right, left

Step Right To Side, ¼ Pivot Turn Left, Right Shuffle Forward, Rock/Recover, Left Coaster Step [6:00]

1 – 2 Step right foot to right side, ¼ pivot turn to left (weight is on left)
3 & 4 Right shuffle forward, right, left, right
5 – 6 Rock forward onto left foot, recover onto right foot
7 & 8 Left coaster step (step left foot back, bring right foot to center, step left foot forward)

Right Forward Rock/Recover, Shuffle ½ Turn Right, ¼ Turn Right, Left Kick Ball Change [3:00]

1 – 2 Step right foot forward, recover onto left foot
3 & 4 Turn ½ stepping right, left, right
5 – 6 Step forward onto left foot, turn 1/4, shift weight onto right foot
7 & 8 Kick left foot forward, step onto ball of left foot, Step onto right foot

Walk Left/ Right, Scuff Ball Step, Side Rock, Cross Shuffle [3:00]

1 – 2 Walk forward left, right
3 & 4 Scuff heel of left foot, step onto ball of left foot, step onto right foot (moving forward)
5 – 6 Step left foot to left side, recover onto right foot
7 & 8 Cross left foot over right, step right to right side, cross left over right

Side Rock, Behind Side Cross, Side Rock, Behind Side Cross [3:00]

1 – 2 Step right foot to right side, recover onto left foot
3 & 4 Cross right foot behind left, step left foot to left side, cross right foot over left foot
5 – 6 Step left foot to left side, recover onto right foot
7 & 8 Cross left foot behind right, step right foot to right side, cross left foot over right foot

Pivot Turn ¼ Left, Cross Shuffle, ¼ Hinge Turn, ¼ Hinge Turn, Step, Heel Split [6:00]

1 – 2 Step right foot forward, pivot turn ¼ left
3 & 4 Cross right foot over left, step left foot to left side, cross right foot over left foot
5 – 6 ¼ hinge turn stepping back on left foot, ¼ hinge turn stepping right foot forward
7 & 8 Step left foot to center, (weight on both feet) turn both heels out, both heels to center

Step, Step, Shimmy Left, ¼ Pivot Turn, Kick Ball Change [3:00]

1- 2 Step forward on left foot, step forward on right foot
3 & 4 Moving left, shimmy hips & shoulders, stepping left, right, left

5 – 6 Step forward on right foot, pivot turn $\frac{1}{4}$ left
7 & 8 Kick right foot forward, bring right foot to center, step onto left foot

RESTART

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