

Star Turn Shuffle (P)

COPPER KNOB
BY STEPHENETS

拍數: 56 牆數: 0 級數: Intermediate Partner
編舞者: Julie & Brian - October 2011
音樂: Be a Star - Nicki Gillis : (CD: Lucy's Daughter)



Training Track - Shame on Me by George Strait (CD: Here for a Good Time)

Start both facing LOD in Sweetheart/Cape Position
Opposite Footwork (start with weight on inside feet)

[1-8] Heel, Toe, Shuffle – Rock Forward, Recover, Shuffle ½ Turn

Gent

1-4 Touch Left heel forward, Touch Left toe back, Left shuffle forward
5-8 Rock Forward onto Right, Recover to Left, Right Shuffle ½ turning Right to end facing RLOD

Ladies

1-4 Touch Right heel forward, Touch Right toe back, Right shuffle forward
5-8 Rock Forward onto Left, Recover to Right, Left Shuffle ½ turning Left to end facing RLOD
(Maintain Double Hand hold bring the Right hand over the ladies head to end facing RLOD in reverse VW)

[9-16] Heel, Toe, Shuffle – Rock Forward, Recover, Shuffle ½ Turn

Gent

9-12 Touch Left heel forward, Touch Left toe back, Left shuffle forward
13-16 Rock Forward on Right, Recover to Left, Right Shuffle ½ turning Right to end facing LOD

Ladies

9-12 Touch Right heel forward, Touch Right toe back, Right shuffle forward
13-16 Rock Forward on Left, Recover to Right, Left Shuffle ½ turning Left to end facing LOD

(Release Hands join holding Inside hands after the half turn)

[17-24] Step Side together ¼ turn shuffle - step 1/2 pivot shuffle

Gent

17-20 Step Left to Left Side, Step Right next to Left, ¼ turn Left on a Left Shuffle (Gent facing ILOD)
21-24 Step on Right, Pivot ½ turn Left, Right Shuffle to rejoin Partner in Double Hand Hold (across LOD)

Ladies

17-20 Step Right to Right Side, Step Left next to Right, ¼ turn Right on a Right Shuffle (Lady facing OLOD)
21-24 Step on Left, Pivot ½ turn Right, Left Shuffle to rejoin Partner in Double Hand Hold (across LOD)

(Gent facing OLOD Lady facing ILOD double hand hold)

[25-32] Rock Recover, Cross Shuffle - Rock Recover, Cross Shuffle

Gent

25-28 Rock Left to Left Side, Recover onto Right, Cross Shuffle Left foot over Right
29-32 Rock Right to Right Side, Recover onto Left, Cross Shuffle Right foot over Left

Ladies

25-28 Rock Right to Right Side, Recover onto Left, Cross Shuffle Right foot over Left
29-32 Rock Left to Left Side, Recover onto Right, Cross Shuffle Left foot over Right

[33-40] Side, Behind, ¼ turn shuffle (Gent), ¾ right turn shuffle (lady) - Step, Step, Shuffle

Gent (Release Right Hand and raise Left for Lady's Turn under the Leading Hands in front of Gent)

33-36 Step Left to Left, Right behind Left, ¼ Left on Left Shuffle (end facing LOD in Closed Western)

37-40 Step Forward on Right, Step Forward on Left, Right Shuffle to LOD

Lady

- 33-36 Step Right $\frac{1}{4}$ turn towards LOD, Step $\frac{1}{2}$ turn Right and back on left foot, Right Shuffle backwards (end facing RLOD in Closed Western),
37-40 Step Back on Left, Step Back on Right, Left Shuffle (Ladies now travelling backwards to LOD)

[41-48] Star Turn: Shuffle $\frac{1}{4}$, Shuffle $\frac{1}{4}$, Shuffle $\frac{1}{4}$, Shuffle $\frac{1}{4}$ **Gent**

- 41-44 $\frac{1}{4}$ Turn on Left Shuffle, $\frac{1}{4}$ Turn on Right Shuffle
45-48 $\frac{1}{4}$ Turn on Left Shuffle, $\frac{1}{4}$ Turn on Right Shuffle

Lady

- 41-44 $\frac{1}{4}$ Turn on Right Shuffle, $\frac{1}{4}$ Turn on Left Shuffle
45-48 $\frac{1}{4}$ Turn on Right Shuffle, $\frac{1}{4}$ Turn on Left Shuffle

(Stay in Closed Western throughout this 360° Right Turn over 4 x $\frac{1}{4}$ turning shuffles)

[49-56] Gent: Rock Forward, Recover, Triple step; Lady: Rock Back, Recover shuffle $\frac{1}{2}$ turn – Rock, Recover, Shuffle Forward**Gent**

- 49-52 Rock Forward on Left, Recover to Right, Triple step slightly backwards (Left, Right, Left)
53-56 Rock Back onto Right, Recover onto Left, Right Shuffle to LOD

Lady

- 49-52 Rock Back on Right, Recover onto Left, Shuffle $\frac{1}{2}$ Turn over Right Shoulder (back to Sweetheart LOD)
53-56 Rock Back onto Left, Recover onto Right, Left Shuffle to LOD

Keep Smiling and Start again

Choreographed for the Grand Union Promotions "Awesome Autumn Party" weekend in Bournemouth.

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