

What A Feeling

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jo Head - October 2011
音樂: What a Feeling (feat. Kelly Rowland) (Radio Edit) - Alex Gaudino



Intro: 32 Counts, 15 sec's – 128bpm

[1 – 8] Step Paddle Full Turn, Rocking Chair

1 - 4 Step Right Forward, Paddle $\frac{1}{4}$, $\frac{1}{2}$, $\frac{1}{4}$ (weight on right)
5 - 8 Rock Forward Left Recover, Rock Back Left Recover. (12)

[9 -16] Full Turn Left Touch, Kick-Ball Change, $\frac{1}{4}$ Turn Left Touch

1 – 4 Turn Left $\frac{1}{4}$, $\frac{1}{2}$, $\frac{1}{4}$ Touch Right,
5&6 Right Kick-ball Change,
7 - 8 Step Forward Right, $\frac{1}{4}$ Left, Touch Left. (9)

[17-24] Kick-Ball Change, Bump Forward, Rocking Chair

1&2 Left Kick-Ball Change,
3&4 Bump Left Right Left
5 – 8 Rock Forward Right Recover, Rock Back Recover (9)

[25-32] Step $\frac{1}{2}$ pivot, Right Shuffle Forward, Point, Hold & Touch Flick

1 -2 Step Forward Right, $\frac{1}{2}$ Pivot Left
3&4 Right Shuffle Forward
5 – 6 Point Left To Left Side, Hold
&7-8 Step Left Next To Right, Right Touch Flick (3)*****
Restart Wall 5: Dance To Count 31, $\frac{1}{4}$ Turn Right Flick Restart From Beg: (12)

[33-40] Shuffle Forward, $\frac{1}{4}$ Pivot, Cross Shuffle, Step $\frac{1}{2}$ Hitch

1&2 Right Shuffle Forward
3 – 4 Step Forward Left, Pivot $\frac{1}{4}$ Right (6)
5&6 Left Crossing Shuffle
7 – 8 1/2 left Stepping on Right, Hitch left Knee***** (12)
Restart Wall 2: Dance to Count 39, Step Down left, Restart From Beginning (6)

[41-48] Walk Forward x 3 Touch, Out in, Out In

1 – 4 Walk Forward Left, Right, Left, Touch,
5 - 8 Touch Right Out in, Out In, (12)

[49-56] Kick-Ball Change $\frac{1}{4}$ Touch x 2 (Right & Left)

1&2 Right Kick-ball Change,
3 – 4 Step Forward Right, $\frac{1}{4}$ Left, Touch Left.,
5&6 Left kick-Ball Change,
7 – 8 $\frac{1}{4}$ Turn Left Step Left, Touch Right (6)

[57-64] Step Right $\frac{1}{2}$ Pivot x2, Jazz Box

1 – 2 Step Forward Right, $\frac{1}{2}$ Pivot Left
3 – 4 Step Forward Right, $\frac{1}{2}$ Pivot Left
5 – 8 Step Right Over Left, Back Left, Right To Right Side, Step Left Forward (6)

Restarts Wall: 2 (6)

Restarts Wall: 5 (12)

Ending: Step, Half Pivot
