

Anticipation Waltz

COPPER KNOB
BY STEPHEN

拍數: 63 牆數: 4 級數: Phrased Improver
編舞者: Rita Masur (CAN) - October 2011
音樂: The Spinning Wheel - Phil Coulter : (CD: Celtic Tranquility)



Sequence: (6-count intro) AB, AB, CB, CAB, CB, CA, Ending
(The dance starts after the first six beats of music beginning with Part A)

"PART A" - 12 counts

FORWARD TURN ½ LEFT, BACK WALTZ, FORWARD TURN ½ LEFT BACK WALTZ

1-2-3 Turn ½ left and step left forward, step right together, step left together

4-5-6 Step right back, step left together, step right together

1-2-3 Turn ½ left and step left forward, step right together, step left together

4-5-6 Step right back, step left together, step right together

"PART B" - 48 counts

COASTER STEPS

1-2-3 Left foot step forward, step right together, step left foot back

4-5-6 Right foot sweep step back ¼ turn left (3:00) step left together, step forward on right foot (9:00)

1-2-3 Left foot sweep step forward ¼ turn left (6:00), step right together, step left foot back

4-5-6 Right foot step back, step left together, step right foot forward (6:00)

WALTZ BOX

1-2-3 Left foot step fwd, step right fwd to side, left foot step together

4-5-6 Right foot step back, step left back to side, right foot step together

TWINKLES RIGHT AND WINKLE LEFT WITH ¼ TURN RIGHT

1-2-3 Turning slightly right, step left across right, step right to side, step left In place

4-5-6 Step right across left same time turning ¼ right, step left to side, step right together (facing 9 o'clock)

GRAPEVINE, ½ TURN

1-2-3 Cross left over right, step right to right side, cross left behind right

4-5-6 Step ¼ turn right on right, step forward on left, pivot ¼ turn right, step right together (will be ½ turn) – facing 3 o'clock

CROSS ROCKS

1-2-3 Cross Rock left over right, recover on right, step left in together

4-5-6 Cross Rock right over left, recover on left, step right in together

PROGRESSIVE BOX FORWARD, PROGRESSIVE BOX BACK

1-2-3 Step left forward, step right to side, step left together

4-5-6 Step right forward, step left to side, step right together

1-2-3 Step left back, step right to side, step left together

4-5-6 Step right back, step left to side, step right together

"PART C" - 3 counts

CANTER STEP

1-2-3 Step big step to left side, Drag/Step right together over 2 counts (weight on right)

**ENDING: Turn ¼ left (12 o'clock) .. Waltz steps fwd (L-R-L) and back (R-L-R)
Step fwd Left, step large step to Right, draw left to right slowly**

Last Revision - 1st November 2011
