

# Sipping On History

COPPER KNOB  
STEPPERS

拍數: 72

牆數: 2

級數: Easy Intermediate / Intermediate  
waltz



編舞者: Lu Olsen (AUS) - July 2011

音樂: Sipping On History - Jessica Simpson : (CD: Do You Know)

**48 count intro - Start on Vocals' - Starting Position: Feet together.**

**[1 – 12] ¼ R turn basic, Behind, ¼ Fwd, Fwd (Repeat)**

1, 2, 3 Step R fwd, 90° Right turn Step L tog, Step R tog 3.00  
4, 5, 6 Step L behind R, 90° Right turn and Step R fwd, Step L slightly fwd 6.00

1, 2, 3 Step R fwd, 90° Right turn Step L tog, Step R tog 9.00  
4, 5, 6 Step L behind R, 90° Right turn and Step R fwd, Step L slightly fwd 12.00

**[13 – 24] Cross, Side, Behind, Side, In place, Behind, Side, In place, Behind, L Coaster**

1, 2, 3 Cross R over L, Step L to Left, Step R behind L  
4, 5, 6 Rock L to Left, Step R in place, Step L behind R (Travelling backwards)

1, 2, 3 Rock R to Right, Step L in place, Step R behind L (Travelling Backwards)  
4, 5, 6 (Left Coaster) Step L back, Step R tog, Step L fwd # 12.00

**[25 - 36] Fwd, ½ R Turning Basic, L Coaster, R Twinkle fwd, L Twinkle fwd,**

1, 2, 3 Step R fwd, 180° Right turn basic step L tog, Step R tog 6.00  
4, 5, 6 (Left Coaster) Step L back, Step R tog, Step L Fwd

1, 2, 3 Right twinkle fwd stepping R, L, R 6.00  
4, 5, 6 Left twinkle fwd stepping L, R, L

**[37 – 42] Facing 5.00 Fwd, Touch, Kick, Back, ½ Fwd, Fwd**

1, 2, 3 Facing 5.00 Step R fwd, Touch L beside R, Gentle Left kick fwd, 5.00  
4, 5, 6 Step L back, 180° Right turn and step R fwd, Step L fwd (11.00) 11.00

**[43- 48] Facing 11.00 Fwd, Touch, Kick, Back, ½ Fwd, Fwd,**

1, 2, 3 Facing 11.00 Step R fwd, Touch L beside R, Gentle Left kick fwd, 11.00  
4, 5, 6 Step L back, 180° Right turn and step R fwd, Step L fwd (5.00) 5.00

**[49 – 54] Cross, Side, Behind, Straighten fwd, Fwd, ½ Pivot,**

1, 2, 3 Cross R over L, Step L to Left, Step R behind L, 5.00  
4, 5, 6 Straighten to 3.00 and step L fwd, Step R fwd, 180° Left pivot turn (wgt on L) 9.00

**[55 – 60] Fwd, ¼ R turn – step side, Tog, L Coaster**

1, 2, 3 Step R fwd, 90° Right turn and step L to Left, Step R tog, 12.00  
4, 5, 6 (Left Coaster) Step L back, Step R tog, Step L Fwd \*\*\* End of wall 2

**[61- 72] Cross, ¼ Right turn Sweep, L Twinkle (Repeat)**

1, 2, 3 Cross R over L, Sweeping L toe into 90° Right turn (2 counts) 3.00  
4, 5, 6 Left twinkle stepping L, R, L,

1, 2, 3 Cross R over L, Sweeping L toe into 90° Right turn (2 counts) 6.00  
4, 5, 6 Left twinkle stepping L, R, L,

**WALL 2 – Short wall dance to count 60 \*\*\*and then start again facing the back**

**ENDING #:** Dance to count 24 # then step R fwd and drag L fwd towards R to finish to the front.

**Nice easy waltz - Enjoy!**

**Contacts:-**

**Lu Olsen:** 03 9735 1219 (h), Mob: 0438 735 122 Email: [luolsen@bigpond.net.au](mailto:luolsen@bigpond.net.au)

**Marcia Langton:** 03 9725 4604, Mob: 0417 152 297 Email: [marcialangton@yahoo.com.au](mailto:marcialangton@yahoo.com.au)

**Ver - 1.00**

---