

Sipping On History

COPPER KNOB
BY STEPHEN

拍數: 72

牆數: 2

級數: Easy Intermediate / Intermediate
waltz



編舞者: Lu Olsen (AUS) - July 2011

音樂: Sipping On History - Jessica Simpson : (CD: Do You Know)

48 count intro - Start on Vocals' - Starting Position: Feet together.

[1 – 12] ¼ R turn basic, Behind, ¼ Fwd, Fwd (Repeat)

1, 2, 3 Step R fwd, 90° Right turn Step L tog, Step R tog 3.00
4, 5, 6 Step L behind R, 90° Right turn and Step R fwd, Step L slightly fwd 6.00

1, 2, 3 Step R fwd, 90° Right turn Step L tog, Step R tog 9.00
4, 5, 6 Step L behind R, 90° Right turn and Step R fwd, Step L slightly fwd 12.00

[13 – 24] Cross, Side, Behind, Side, In place, Behind, Side, In place, Behind, L Coaster

1, 2, 3 Cross R over L, Step L to Left, Step R behind L
4, 5, 6 Rock L to Left, Step R in place, Step L behind R (Travelling backwards)

1, 2, 3 Rock R to Right, Step L in place, Step R behind L (Travelling Backwards)
4, 5, 6 (Left Coaster) Step L back, Step R tog, Step L fwd # 12.00

[25 - 36] Fwd, ½ R Turning Basic, L Coaster, R Twinkle fwd, L Twinkle fwd,

1, 2, 3 Step R fwd, 180° Right turn basic step L tog, Step R tog 6.00
4, 5, 6 (Left Coaster) Step L back, Step R tog, Step L Fwd

1, 2, 3 Right twinkle fwd stepping R, L, R 6.00
4, 5, 6 Left twinkle fwd stepping L, R, L

[37 – 42] Facing 5.00 Fwd, Touch, Kick, Back, ½ Fwd, Fwd

1, 2, 3 Facing 5.00 Step R fwd, Touch L beside R, Gentle Left kick fwd, 5.00
4, 5, 6 Step L back, 180° Right turn and step R fwd, Step L fwd (11.00) 11.00

[43- 48] Facing 11.00 Fwd, Touch, Kick, Back, ½ Fwd, Fwd,

1, 2, 3 Facing 11.00 Step R fwd, Touch L beside R, Gentle Left kick fwd, 11.00
4, 5, 6 Step L back, 180° Right turn and step R fwd, Step L fwd (5.00) 5.00

[49 – 54] Cross, Side, Behind, Straighten fwd, Fwd, ½ Pivot,

1, 2, 3 Cross R over L, Step L to Left, Step R behind L, 5.00
4, 5, 6 Straighten to 3.00 and step L fwd, Step R fwd, 180° Left pivot turn (wgt on L) 9.00

[55 – 60] Fwd, ¼ R turn – step side, Tog, L Coaster

1, 2, 3 Step R fwd, 90° Right turn and step L to Left, Step R tog, 12.00
4, 5, 6 (Left Coaster) Step L back, Step R tog, Step L Fwd *** End of wall 2

[61- 72] Cross, ¼ Right turn Sweep, L Twinkle (Repeat)

1, 2, 3 Cross R over L, Sweeping L toe into 90° Right turn (2 counts) 3.00
4, 5, 6 Left twinkle stepping L, R, L,

1, 2, 3 Cross R over L, Sweeping L toe into 90° Right turn (2 counts) 6.00
4, 5, 6 Left twinkle stepping L, R, L,

WALL 2 – Short wall dance to count 60 *and then start again facing the back**

ENDING #: Dance to count 24 # then step R fwd and drag L fwd towards R to finish to the front.

Nice easy waltz - Enjoy!

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Ver - 1.00
