

Man, Woman

COPPERKNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lu Olsen (AUS) & Marcia Langton (AUS) - October 2011
音樂: Man Woman - Joe Nichols : (CD: Old Things New)



32 count intro – Start on Vocals.

[1 – 8] CROSS, REPLACE, ¼ TURN, ½ TURN, ¼ TURN, CROSS, REPLACE, ¼ TURN

1, 2, Cross R over L, Replace onto L, 12.00
3, 4, ¼ R turn and step R fwd, ½ R turn and Step L back,
5, 6, ¼ R turn and step R to Right, Step L over R,
7, 8 Replace onto R, ¼ Left turn and step L fwd 9.00

[9 – 16] FWD, ½ TURN, L COASTER, FWD, ¼ TURN, BEHIND, SIDE, CROSS

1, 2, Step R toe fwd, ½ Left pivot turn and drop R heel, 3.00
3 & 4 ^^ Left Coaster (L, R, L) ^^
5, 6, Step R toe fwd, ¼ Left pivot turn and drop R heel, 12.00
7 & 8 ** Step L behind R, Step R to Right, Cross L over R ** (End wall 3)

[17 – 24] FWD, BEHIND, LOCK SHUFFLE FWD, FWD, BACK, L COASTER

1, 2, Step R fwd at R 45, Step L behind R,
3 & 4 Lock shuffle fwd stepping R, L, R,
5, 6, Step L fwd, Step R back,
7 & 8 Left Coaster (L, R, L,) 12.00

[25 – 32] FWD ½ TURN SHUFFLE, L SAILOR, FWD, KICK BALL CROSS

1 & 2 Fwd ½ Left turning shuffle stepping R, L, R, 6.00
3 & 4 Left Sailor – Step L behind R, Step R to Right, Step L to Left
5, 6, Step R back, Step L fwd,
7 & 8 (R kick ball cross) Kick R fwd, Step R beside L, Cross L over R

[33 – 40] SIDE, SIDE, CROSS SHUFFLE, ¼ TURN, ½ TURN, SHUFFLE FWD

1, 2, Step R to Right, Step L to Left
3 & 4 Cross shuffle stepping R over L, Step L to Left, Step R over L
5, 6 ¼ R turn and step L back, ½ Right turn and step R fwd 3.00
7 & 8 Small Shuffle fwd stepping L, R, L,

[41- 48] TOUCH, IN PLACE, HEEL FWD, TOG, FWD, TOUCH BEHIND, BACK LOCK, BACK, FWD

1 & 2 & Touch R beside L, Step R in place, Touch L heel fwd, Step L beside R, 3.00
3, 4 Step R fwd, Touch L toe behind R,
5 & 6 (Back lock) Step L back, Cross R over L, Step L back,
7, 8 ## Step R back, Step L fwd, ##

(End Wall 6 Here – add 4 count TAG:

1,2,3,4, Step R fwd, ¼ Left pivot turn, Cross R over L, Step L to Left - start Wall 7 facing front)

[49 – 56] FWD, ½ PIVOT, SHUFFLE FWD, FWD into ¾ RIGHT TURN, SHUFFLE FWD,

1, 2, 3 & 4 Step R fwd, ½ Left pivot turn, Shuffle fwd stepping R, L, R, 9.00
5, 6, Step L fwd & ¾ Right turn, Step R fwd, 6.00
7 & 8 Left shuffle fwd stepping L, R, L

[57 – 64] FWD, BACK, BACK, DRAG, TOG, BACK, BACK, FWD, FWD

1, 2, 3, 4 Step R fwd, Step L back, Step R back, Drag L back towards R, 6.00
& 5 Step L tog, Step R back

6, 7, 8 Step L back, Step R fwd, Step L fwd

Short wall (Wall 3) ** Dance first 16 counts of the dance and then start Wall 4 facing front

Short wall & Tag (Wall 6) ## Dance to count 48 and add 4 count TAG =

1, 2, 3, 4, Step R fwd, $\frac{1}{4}$ Left pivot turn, Cross R over L, Step L to Left - then start Wall 7 facing front

Wall 8 facing back (Ending) Dance the first 12 counts ^^ and add to following to finish to front....

5, 6, Step R toe fwd, $\frac{1}{2}$ Left pivot turn and drop R heel,

& 7 & 8 $\frac{1}{4}$ Left turn, Side shuffle travelling to left stepping L, R, L

Contacts:-

Lu Olsen: 03 9735 1219 (h), Mob: 0438 735 122 Email: luolsen@bigpond.net.au

Marcia Langton: 03 9725 4604 , Mob: 0417 152 297 Email: marcialangton@yahoo.com.au

Ver. 1.01
