Slumdog Circle / Contra (P)



拍數: 32 牆數: 0 級數: Improver Circle / Contra

編舞者: Swee Tuan Leong - October 2011

音樂: Jai Ho (feat. Sukhwinder Singh, Tanvi Shah & Mahalakshmi Iyer) - A. R. Rahman

: (CD: Slumdog Millionaire)



(based on the line dance Slumdog choreographed by Amy Christian-Sohn)

Start Position:

Dancers face each other in contra style and in circle formation (i.e an outer circle & an inner circle) Same footwork throughout

You can add your own arm movements or follow the suggested arm movements

ROCKING CHAIR, SIDE ROCK, TOGETHER, TOUCH

1 – 4 Rock/Step forward on R, recover on L, Rock/Step back on R, recover on L (Raise both arms upward on counts 1,2; Lower both arms on counts 3,4)

5 – 8 Step R to right, recover on L, Step R next to L, Touch L next to R (Raise both arms slightly angled/diagonally right on counts 5,6; Lower both arms at counts 7,8)

9 – 16 Repeat steps 1 to 8 starting with L foot

STEP SIDE, TOUCH (4X)

17 – 18 Step R to right, Touch L next to R 19 – 20 Step L to L, Touch R next to L

21 – 24 Repeat steps 17 to 20

(you may like to mimic the actions of two persons taking peeks at each other)

ROLLING VINE TO THE RIGHT

25 – 28 Turning ¼ right step R forward, turning ¼ right step L to left, turning ½ right step R to right, Step L next to R

(NOTE: Dancers in outer circle will be moving along LOD, and dancers in the inner circle will be moving along RLOD. At count 28, you will be facing a new dance partner)

HIP BUMPS

29 – 30 Bump hips right twice 31 – 32 Bump hips left twice

(Raise both arms upwards, palms together. You may also like to do some shimmies as you bump your hips)

BEGIN THE DANCE ALL OVER AGAIN!

SMILE!