

Foxee Couple (P)

拍數: 32 牆數: 4
編舞者: Toshio Suzuki (SG) - October 2011
音樂: Any of your favourite foxtrot music



Start Position : Closed Western (Face to Face) (Man facing 12 O'clock)
Man's steps , Opposite Footwork for Lady unless otherwise stated

(SSQQ) WALK FORWARD (2X) , SIDE CLOSE / TOGETHER

1-6 Step forward on L, hold, Step forward on R , hold, Step L to left, Step R next to L

(SSQQ) WALK BACKWARD (2X) , SIDE CLOSE / TOGETHER

7-12 Step back on L, hold, Step back on R, hold, Step L to left, Step R next to L

(SS) STEP FORWARD, HOLD, ¼ TURN RIGHT, HOLD

13-16 Step L forward , hold, ¼ turn right transferring weight to R , hold

(Couple now in Open Faced position (Side by Side) , lead hands enjoined, i.e L hand (Man) / R hand (Lady)

QQQQ) WALK FORWARD, LOW KICK

17-20 Walk forward L, R, L, Kick R forward

(QQS) BACK COASTER STEP

21-24 Step back on R, Step L next to R, Step forward on R, hold

(SSSS) SLOW TURNS (SMALL ARC)

25-32 (During the turns, couple keep lead hands enjoined i.e L hand for Man & R hand for Lady ,
with Man raising hands for Lady to do an underarm turn)

Man : Beginning with L foot, slow ½ turning left in a small arc....

Walk L, hold, R, hold, L, hold, R, hold (weight is on R)

Lady: Beginning with R foot, slow full turning right in a small arc

Walk R, hold, L, hold, R, hold , L, hold (weight is on L)

Man is now facing a new wall and couple is back in Closed Western position.

Begin the dance all over again !