Dance With Me Tonight



拍數: 64 牆數: 4 級數: Intermediate 編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - October 2011

音樂: Dance With Me Tonight - Olly Murs



** Celebrating 20 Years of Dance **

Start on verse vocals – 56 count intro – [3:28 – 82bpm]

[1-8] R side strut or R side hold, L back rock/recover, vine L 4

1-4 Touch R toes side, step R heel down, rock L back, recover weight on R

(Alternate steps for 1-2: step R side, hold)

5-8 Step L side, cross step R behind L, step L side, cross step R over L

[9-16] L side strut or L side hold, R back rock/recover, vine R with 1/4 R & L scuff

1-4 Touch L toes side, step L heel down, rock R back, recover weight on L

(Alternate steps for 1-2: step L side, hold)

5-8 Step R side, cross step L behind R, turning ¼ right step R forward, scuff L forward (3 o'clock)

[17-24] L fwd lock step, 1/4 L & R hitch, slow cross walk fwd 2

1-4 Step L forward, lock R behind L, step L forward, hitch R knee up turning 1/4 left on L

5-8 Cross step R over L, hold, cross step L over R, hold (12 o'clock)

[25-32] R fwd rock/recover, ½ R turn, hold, L fwd, ¼ R pivot turn, L cross step, R side

1-4 Rock R forward, recover weight on L, turning ½ right step R forward, hold (6 o'clock)

5-8 Step L forward, pivot ¼ right, cross step L over R, step R side turning R heel out

(To prep for Tick Tock section OR if doing heel swivel alternative step R together) (9 o'clock)

[33-40] Tick Tock or twist alternative

Travelling right:

Turning both knees out turn both toes out and both hands out with palms out
Turning both knees in turn both heels out and both hands in with palms in
Turning both knees out turn both toes out and both hands out with palms out

4 Hold

Travelling left:

Turning both knees in turn both heels out and both hands in with palms in
Turning both knees out turn both toes out and both hands out with palms out
Turning both knees in turn both heels out and both hands in with palms in

8 Hold (weight ending on L)

(Alternate steps for 1-8: With feet together: twist heels R, toes R, heels R, hold, twist heels L, toes L, heels L, hold with weight ending on L)

RESTART: During wall 4 you will get as far as the Tick Tock section of the dance facing front wall (counts 33-40)

Restart the dance from the beginning.

[41-48] R diagonal step-kick-back-back, L diagonal step-kick-back-back

1-2 Turning to right diagonal step R forward, kick L forward

3-4 Step L back, squaring to wall step R back

5-6 Turning to left diagonal step L forward, kick R forward

7-8 Step R back, squaring to wall step L back

[49-56] R rock back/recover, R side toe/heel strut, L side toe/heel strut, hips R & L

1-2 Rock R back, recover weight on L

3-6 Touch R toes side, step R heel down, touch L toes side, step L heel down

7-8 Bump hips R, bump hips L (weight ending on L)

[57-64] R & L fwd cross points, R cross step, L side rock/recover, L cross step

1-4 Cross step R over L, point L side, cross step L over R, point R side

5-8 Cross step R over L, rock L side, recover weight on R, cross step L over R