

Trapped in a Fairytale

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Grant Stanley (SCO) - October 2011
音樂: Love's Got a Hold On My Heart - Steps



Right Heel, Hook, 1/4 Right , Right Shuffle Forward, Jazz Box

1 – 2 Right Heel Forward, Hook Right foot over Left Turning ¼ Turn Right
3 & 4 Shuffle Forward Right, Left, Right
5 – 6 Cross Left Over Right, Step Right Back
7 – 8 Step Left to Left Side, Step Right next to Left

Forward L, Hold, Forward R, Hold, L Kick Ball Change, L Coaster Step

1 – 2 Step forward Left foot, Hold
3 - 4 Step forward Right foot, Hold
5 & 6 Kick forward with left foot, rock back on ball of left, replace weight forward to right
7 & 8 Step Left Back, Right Together, Forward Left

Forward R Hold, Forward L Hold, R Kick Ball Change x2,

1 – 2 Step forward Left foot, Hold
3 - 4 Step forward Right foot, Hold
5 & 6 Kick forward with left foot, rock back on ball of left, replace weight forward to right
7 & 8 Step Left Back, Right Together, Forward Left

Rock Right to Side, Rock Right Forward x2

1-2 Rock Right to Right Side, Recover
3-4 Rock Right forward, Recover
5-6 Rock Right to Right Side, Recover
7-8 Rock Right Forward, Recover

¼ Monterey Turn Right x2

1 – 2 Point Right to Right Side
3 – 4 Point Left To Left Side making 1/4 Turn Right
5 – 6 Point Right to Right Side
7 - 8 Point Left To Left Side making 1/4 Turn Right

R Jazz Box, Step Forward L, R Shuffle Forward, Rock Forward L, Recover R

1 – 2 Cross Right over left, Step Left Back,
3 – 4 Step Right to Right Side. Step Left Forward,
5 – 6 Shuffle forward stepping Right, Left Right
7 – 8 Rock Forward on Left, Recover on Right

L Shuffle Back, Rock Back L, Recover R, ¼ Shuffle turn L, Rock Back L, Recover

1 – 2 Shuffle back Stepping Left, Right, Left
3 – 4 Rock back on Right, Recover on Left
5 – 6 Shuffle ¼ Turn Stepping Right Forward, Left making ¼ turn, Right together
7 - 8 Rock back on Left, Recover on Right

Point Left Front, Side, Sailor Step, Point Right to Side, Stomp together, Left Coaster

1 – 2 Point Left in front of Right, Point Left to Left Side
3 – 4 Sweep Left behind Right, Right to Right Side, Left together
5 – 6 Point Right in front of Left, Stomp Right Together
7 – 8 Step Left back, Right together, Forward Left

Start Again

Restart: Wall 6 – Do 1st Monterey and restart on Lyrics after instrumental
