

Stealing Apples (aka RUN!)

COPPER **KNOB**
BY STEPHENETS

拍數: 64 牆數: 2 級數: Intermediate / Advanced
編舞者: Rickard Tapper (SWE) & Kenneth Nilsson (SWE) - August 2011
音樂: Äppelknyckarjazz - Movits!



POINT, POINT, WEAVE, KICK, KICK, ROCK BACK, KICK

- 1 – 2 Point left forward, Point left to left side.
- 3 & 4 Step left behind right, Step right to right side, Step left in front of right.
- 5 – 6 Kick right to right diagonal, Kick right to right diagonal.
- 7 & 8 Rock right behind left, Recover, Kick right to right diagonal.

BACK, BACK, TRIPPLE 3/8 TURN, SIDE, CROSS, SIDE SHUFFLE WITH FLICK

- 1 – 2 Facing right diagonal step back on right and drag left towards right, Step back on left.
- 3 & 4 Step right next to left, Step left in place, Turn 3/8 left and step right to right side. (facing 09:00)
- 5 – 6 Step left to left side, Step right in front of left.
- 7 & 8 Step left to left side, Step right next left, Step left to left side and flick right back.

HITCH, STEP, TRIPPLE FORWARD, HEEL GRIND WITH ¼ TURN, SAILOR ¼ TURN

- 1 – 2 Hitch right making pose “ready to run”, Make ¼ turn right stepping forward on right.
- 3 & 4 Run forward left, right, left.
- 5 – 6 Touch right heel to forward right diagonal, Heel grind with ¼ turn right stepping left to left side.
- 7 & 8 Step right behind left, Step left in place, Make ¼ turn right stepping forward on right. (facing 06:00)

JUMP, HEEL, HOOK, HEEL, TOGETHER, STEP, STEP, PIVOT ¼ TURN, JAZZBOX WITH ¼ TURN

- 1 Jump forward on left and pose like in the middle of a run.
- 2 & Touch right heel forward, Hook right in front of left.
- 3 & 4 Touch right heel forward, Step right next to left, Step forward on left.
- 5 – 6 Step forward on right, Make ¼ turn left taking weight to left.
- 7 & 8 Step right in front of left, Step left in place, Make ¼ turn right stepping forward on right.

Restart here on wall 2

STEP, PIVOT ¼ TURN, CROSS, SIDE, HEEL, TOGETHER, TOUCH, SIDE, HEEL, TOGETHER, HEEL GRIND

- 1 – 2 Step forward on left, Make ¼ turn right taking weight on right.
- 3 & 4 & Step left in front of right, Step right to right side, Touch left heel to left diagonal, Step left next to right.
- 5 & 6 & Touch right next to left, Step right in place, Touch left heel to left diagonal, Step left next to right.
- 7 – 8 Touch right heel in front of left, Heel grind stepping left to left side.

¼ TURN WITH SLIDE, ¼ TURN WITH SLIDE, SIDE SHUFFLE WITH ½ TURN, HOLD, STEP, PIVOT ½ TURN, ½ TURN, ¼ TURN, CROSS

- 1 – 2 Make ¼ turn right sliding right to right side, Make ¼ turn right sliding left to left side.
- 3 & Make ¼ turn right stepping right to right side, Step left next to right.
- 4 Make ¼ turn right stepping forward on right.
- 5 & 6 Hold, Step forward on left, Make ½ turn right taking weight to right.
- & 7 Make ½ turn right stepping back on left, Make ¼ turn right stepping right to right side.
- 8 Step left in front of right. (facing 12:00)

KICK, FLICK, TOUCH X2, STEP, HOLD, JUMP, TOE FAN OUT, TOE FAN IN, HEEL FAN IN, KICK

- 1 – 2 Kick right to the right diagonal, Flick right.
3 & 4 Touch right next to left, Touch right a little forward, Step forward on right.
5 & 6 & Hold, Make small jump landing on both feet, Fan toes out, Fan toes in.
7 – 8 Fan heels in, Kick left to left diagonal.

BEHIND, KICK, BACK, TOGETHER, TOUCH, HOLD, SAILOR ¼ TURN, STEP WITH 1/8 TURN, STEP WITH 1/8 TURN

- 1 – 2 Step left behind right, Kick right to right diagonal.
3 & 4 Step right behind left, Step left next to right, Touch right to right side.
5 & 6 & Hold, Step right behind left, Step left in place, Make ¼ turn right stepping forward on right.
7 – 8 Make 1/8 turn right stepping forward on left, Make 1/8 turn right stepping forward on right.

Restart: There is one restart after 32 counts of wall 2.

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