

One Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Yonne Emalda - October 2011
音樂: One Love - Blue



Intro: 16 counts

Walk Forward X2, Side Mambo, Walk Back X2, Side Mambo

- 1-2 Walk forward on L foot, walk forward on R foot
- 3&4 Rock L foot to L side, recover weight on R foot, step L foot beside R foot
- 5-6 Walk back on R foot, walk back on L foot
- 7&8 Rock R foot to R side, recover weight on L foot, step R foot beside L foot

Monterey ½ Turn, Toe Switches, Body Roll, Sailor ¼ Turn

- 1-2 Touch L toes to L side, turn ½ L stepping L foot in place
- 3&4 Point R toes to R side, step R foot beside L foot, point L toes to L side
- 5-6 Roll body from L to R (2 counts)
- 7&8 Turn ¼ L crossing L foot behind R foot, step R foot in place, step L foot forward

(Rock, Recover, Behind Side Cross) X2

- 1-2 Rock R foot to R side, recover weight on L foot
- 3&4 Cross R foot behind L foot, step L foot to L side, cross R foot over L foot
- 5-6 Rock L foot to L side, recover weight on R foot
- 7&8 Cross L foot behind R foot, step R foot to R side, cross L foot over R foot

Forward Rock, Recover, Full Turn, Sailor Cross, Side Rock, Recover

- 1-2 Rock R foot forward, recover weight on L foot
- 3-4 Turn ½ R stepping R foot forward, turn ½ R stepping L foot back
- 5&6 Cross R foot behind L foot, step L foot to L side, cross R foot over L foot
- 7-8 Rock L foot to L side, recover weight on R foot

Tag: After wall 3 and wall 6, add, (Behind Side Cross, Touch) X2

- 1-4 Cross L foot behind R foot, step R foot to R side, cross L foot over R foot, touch R toes to R side
- 5-8 Cross R foot behind L foot, step L foot to L side, cross R foot over L foot, touch L toes to L side