

Jagger Movez

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Yonne Emalda - October 2011
音樂: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5



Intro: 32 counts

Kick Out Out, Knee Pop, ¼ Turn, Coaster Step, Pivot ½ Turn

1&2 Kick R foot forward, step R foot to R side, step L foot to L side
3-4 Pop R knee inwards to L, pop R knee out turning ¼ R (weight on L foot)
5&6 Step R foot back, step L foot beside R foot, step R foot forward
7-8 Step L foot forward, turn ½ R

Kick Out Out, Knee Pop, ¼ Turn, Coaster Step, Forward Rock, Recover

1&2 Kick L foot forward, step L foot to L side, step R foot to R side
3-4 Pop L knee inwards to R, pop L knee out turning ¼ L (weight on R foot)
5&6 Step L foot back, step R foot beside L foot, step L foot forward
7-8 Rock L foot forward, recover weight on R foot

Side Rock, Recover, Behind Side Cross, Side Rock, Recover, Sailor Step

1-2 Rock R foot to R side, recover weight on L foot
3&4 Cross R foot behind L foot, step L foot to L side, cross R foot over L foot
5-6 Rock L foot to L side, recover weight on R foot
7&8 Cross L foot behind R foot, step R foot to R side, step L foot to L side

Syncopated Hip Wiggle, Pivot ½ Turn, Pivot ¼ Turn

1&2& Bump hips to R side, L side, R side, L side
3&4& Bump hips to R side, L side, R side, L side
5-6 Step R foot forward, turn ½ L
7-8 Step R foot forward, turn ¼ L

Tag: After wall 10, add,

Hip Roll ACW

1-4 Roll hips anticlockwise X2