

Spooky Cha

拍數: 64 牆數: 2 級數: Low Intermediate
編舞者: Patti Bullock (USA) - October 2011
音樂: Spooky - Classics IV



Forward Cross Rock Cha-Cha's

1,2 Cross RF over LF, Step back onto LF
3&4 Step RF to right side, Step LF next to RF, Step RF to right side
5,6 Cross LF over RF, Step back onto RF
7&8 Step LF to left side, Step RF next to LF, Step LF to left side

Back Twist Rock Cha-Cha & Forward Rock Cha-Cha with body roll

1,2 Rock RF back (w/ little twist), Step LF forward
3&4 Step RF forward, Step LF behind RF, Step RF forward
5,6 Rock LF forward (optional body roll), Step RF back
7&8 Step LF back, Step RF in front of LF, Step LF back

Side Rock Crossing Front Cha-Cha, Side Rock, ¼ Right Turn Cha-Cha

1,2 Rock RF to right side, Step onto LF
3&4 Cross RF in front of LF, Step LF behind RF, Step RF front
5,6 Rock LF to left side, Step on RF making a ¼ right turn
7&8 Step LF in front of RF, Step RF behind LF, Step LF forward

Right Step Side Hold, Right Step Side Hold, Back Rock & Cha-Cha Side Left

1,2 Step RF out to right side, Hold count 2
&3,4 Step LF next to RF, Step RF out to right side, Hold count 4
5,6 Rock LF behind RF, Step RF forward
7&8 Step LF out to left side, Step RF next to LF, Step LF out to left side

Right ¼ Turn Traveling Cha's with Hip Bumps

1&2 Step RF ¼ right, Step LF behind RF, Step RF forward & bump right hip twice
3&4 Step LF forward, Step RF behind LF, Step LF forward & bump left hip twice
5&6 Step RF ¼ right, Step LF behind RF, Step RF forward & bump right hip twice
7&8 Step LF ¼ right, Step RF behind LF, Step LF forward & bump left hip twice

Large Side Step (Right), Draw Step with LF, Alternating Knee Pops

1, 2 Step RF way out to right side, Hold count 2
3,4 Draw LF next to RF
5,6,7,8 Turn RK toward LK and bring knee back, Turn LK toward RK and bring knee back (repeat RK(7) & LK(8))

Monterey ¼ Right Turns, Draw & Touch's, Side Rock Cha-Cha's

1,2 Point Right Toe out to right side, Place RF next to LF making ¼ right turn
3,4 Point Left Toe out to left side, Draw LF in and touch next to RF
5,6 Rock LF out to left side, Step onto RF
7&8 Step LF next to RF, Step on RF, Step on LF

(Repeat – 8 counts) Monterey ¼ Right Turn, Draw & Touch, Side Rock Cha-Cha

No Tags or Restarts :) Just start over & enjoy!!

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