

Tightly Bound

拍數: 60 牆數: 2 級數: Intermediate
編舞者: Sandy Kerrigan (AUS) - October 2011
音樂: When It All Goes South - Laura Bell Bundy : (Album: Achin' and Shakin')



Tag end of wall 1...restarts in walls 4 and 6

Left Cross Twinkle, Cross, ¼ Back, Step Side

1, 2, 3 Cross L over R, Step R to R Side, Replace L to L Side
4, 5, 6 Cross R over L, ¼ Turn R Step back L, Step R to R Side

Left Cross Rock, Right Cross Rock with ¼ Turn R

1, 2, 3 Cross Rock L over R, Replace to R, Step L to L Side
4, 5, 6 Cross Rock R over L, Replace to L, ¼ Turn R Step Fwd R

¼ Side, Behind unwind with ½ Turn R, Cross, Sweep

1, 2, 3 ¼ Turn R Step L to L Side, Cross R behind L, Unwind 1/2 Turn R wt on L
4, 5, 6 Cross R over L, Sweep L from behind around Fwd,

Diagonal Cross, Side, Cross, Reverse 3 Step Waltz

1, 2, 3 Traveling Fwd to Side R 45° Cross L over R, Step R to R Side, Cross L over R (Body faces side L45°)
4, 5, 6 Turn your body to face side R45° Step Back R, Step Back L, Step Back R

½ Reverse Pivot Turn, Step Together, Diagonal Fwd with Drag and Arm Wave

1, 2, 3 Touch L Toe Back, Unwind ½ L, Step Together L,
4, 5, 6 Step Fwd R, Dragging L to meet R (facing L45°, dancing R arm towards Diagonal)

Step Back, Drag Back, 1 ½ R Triple Waltz,

1, 2, 3 Step Back L, Dragging R to Meet L (facing L45°, dancing R arm in towards chest)
4, 5, 6 ½ Turn R Fwd R (straight up to 3:00) 1/2 R together L, 1/2 R together R

Rock Fwd L, Replace, Back, Rock Back, Replace, Step Fwd

1, 2, 3, 4, 5, 6 Rock Fwd L, Replace to R, Step Back L**** Rock Back R, Replace to L, Step Fwd R

Rock Fwd L, Replace, ¼ Side, Weave Left

1, 2, 3 Rock Fwd L, Replace to R, ¼ Turn L Step L to L Side
4, 5, 6 Cross R over L, Step L to L, Step R Behind L 6:00

Step Side, Drag, ¼ Turn with Fwd Coaster Step

1, 2, 3 Step L to L Side, Drag R to Meet L
4, 5, 6 Turning ¼ L on L-Step Fwd R, Step Together L, Step Back R

Step Back, ½ R Fwd, ¼ R Step Side

1, 2, 3 Step Back L***** ½ Turn Back R Step Fwd R, ¼ Turn R Step L to L Side 6:00
4, 5, 6 Step R to R Side, Cross L over R, Step R to R Side 6:00

[60]

Note:

End of wall 1 facing 6:00 3 count tag: Sweep L around Fwd

Wall 4 at this marker**** ¼ Turn R-Step R to R, Dragging L to meet R 12:00 (3cnts)

Wall 6 at this marker***** 1/2 Turn R Step Fwd R-1/4 R on R Sweeping L to Side 12:00(3cnts)

VERSION 1:00

