

500 Ways!

拍數: 64
編舞者: Jan Wyllie (AUS) - October 2011
音樂: A Thousand Ways - Darryl Worley

牆數: 2

級數: Easy Intermediate



Written by request for Muriel from Amsterdam. Thanks for the song Muriel

The Intermediate level dance to this song is called A Thousand Ways... this dance is only half as hard as that dance, so that is why it is called Five Hundred Ways! (-:

32 count intro.

Weave Right, Side Shuffle, Rock Replace

1,2,3,4 Step R to right, Step L behind R, Step R to right Step L behind R
5&6 Step R to right, Step L beside R. Step R to right (side shuffle)
7,8 Rock/step L behind R, Rock/replace wt on R

Weave Left, Side Shuffle, 1/4 Rock Replace

9,10,11,12 Step L to left, Step R behind L, Step L to left, Step R across L
13&14 Step L to left, Step R beside L, Step L to left
15,16 Rock/step R behind L while making 1/4 right, Rock/replace wt fwd on L

4 Count Rocking Chair, R Toe Strut, L Toe Strut

17,18,19,20 Rock/step fwd on R, Rock back on L, Rock/step back on R, Rock fwd on L
21,22,23,24 Step R toe fwd, Drop R heel, Step L toe fwd, Drop L heel

4 Count Rocking Chair, Kick Ball Change, Step Pivot 1/4

25,26,27,28 Rock/step fwd on R, Rock back on L, Rock/step back on R, Rock fwd on L
29&30 Kick R fwd, Step R beside L, Step L beside R (kick ball change)
31,32 Step fwd on R, Pivot 1/4 left transferring wt to L

***RESTART HERE ON WALLS 2 & 6**

Cross/Rock, Side Hold, Cross/Rock, Side Hold

33,34,35,36 Cross/rock R over L, Rock back on L, Step R to right, Hold
37,38,39,40 Cross/rock L over R, Rock back on R, Step L to left, Hold

Fwd Back, Back Kick, Back Lock, Back Kick

41,42,43,44 Rock/step fwd on R, Rock back on L, Step back on R, Kick L fwd
45,46,47,48 Step back on L, Lock/step R across L, Step back on L, Kick R fwd

Back Fwd, Step Scuff, Step Lock, Step Scuff

49,50,51,52 Rock/step back on R, Rock fwd on L, Step fwd on R, Scuff L fwd
53,54,55,56 Step fwd on L, Lock/step R behind L, Step fwd on L, Scuff R fwd

Step Pivot 1/4, Step Pivot 1/4, Step Sweep, Step Across Hold

57,58 Step fwd on R, Pivot 1/4 left transferring wt to L
59,60 Step fwd on R, Pivot 1/4 left transferring wt to L
61,62 Step fwd on R, Sweep L around to front (keep wt on R)
63,64 Step L across R, Hold

This dance is for those dancers who find A Thousand Ways too hard.

No shame in that..... I like the easier dances the best too... not so much brain drain!

The most important thing about linedancing is the enjoyment of the dance itself ...

And if that is missing, then really, whats to enjoy????

That's why it is important to do the dances that YOU find nice..... Trust me, time is short, so enjoy your life!

See you on the floor sometime.... Jan

