

Story Book Shuffle

拍數: 104 牆數: 1 級數: Phrased Intermediate
編舞者: Anna Marie (UK) & Maurice - October 2011
音樂: Cradle of Love - Johnny Preston



Start 8 counts in on the word "Rock".

A – 64 counts

(1-8) Right & Left Diagonal Toe Struts

- 1-2-3-4 Touch ball of right foot forward, drop right heel to floor, touch ball of left foot forward, drop heel.
5-6-7-8 Touch ball of right foot back, drop right heel to floor, touch ball of left foot back, drop heel.

(9-16) Right Side Rock, Back Rock, Side Rock, Cross, Hold

- 1-2-3-4 Rock right to right side, recover weight onto left, rock back on right foot, recover (weight onto left).
5-6-7-8 Rock right to right side, recover weight onto left, cross step right over left ,hold (weight on right).

(17-32) Repeat above 16 Counts On Opposite Foot Ending Left Crossed Over Right

(33-40) Right Grapevine, Monterey ½ Turn Right

- 1-2-3-4 Step right to right Side, cross left behind right, step right to right side, cross step left over right.
5-6-7-8 Point right toe to right side, turn ½ right on left stepping right next to left, point left toe to left side, step left foot next to right.

(41-48) Right Grapevine Cross, Side Hold, Hip Roll

- 1-2-3-4 Step right to right side, cross left behind right, step right to right side, cross step left over right.
5-6-7-8 Step right foot to right side, Hold, Rotate/Roll hips clockwise weight ending on right.

(49-56) Rumba Box Forward x2

- 1-2-3-4 Step left side, step right together, step left forward, Hold
5-6-7-8 Step right to side, step left together, step right forward, Hold

(57-64) Rumba Box Back x2

- 1-2-3-4 step left side, step right together, step left back, Hold
5-6-7-8 step right side, step left together, step right foot back, Hold

B – 40 counts

(1-8) Left& Right Lock Steps Forward With Scuffs

- 1-2-3-4 Step forward on left, step right behind left, step forward on left, scuff right forward.
5-6-7-8 Step forward on right, step left behind right, step forward on right, scuff left forward.

(9-16) Left Vine ¼ Turn Hitch, 1/2 Turn Hitch

- 1-2-3-4 Step left to left side, step right behind left, step left making ¼ turn left, hitch right knee
5-6-7-8 Pivot ½ turn left stepping back on right foot, hitch left knee, step back on left foot, hitch right knee (weight on left).

(17-32) Repeat above counts 1-16 on Opposite Foot End Facing 6 O'Clock wall, left knee hitched.

(33-40) Step Forward, Hold x3, Swivels ½ Turn, Hold

- 1-2-3-4 Step left forward, Hold for 3 counts

5-6-7-8 On balls of both feet swivel heels $\frac{1}{4}$ turn left, swivel heels back to centre, swivel heels making $\frac{1}{2}$ turn right, Hold.

START AGAIN, HAVE FUN!!

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Last Revision - 24th October 2011
