

# Rasa Sayang (Nasi Lemak 2.0)

COPPER KNOB  
STEPSHEETS

拍數: 80      牆數: 2      級數: Phrased Low Intermediate  
編舞者: BM Leong (MY) - October 2011  
音樂: Rasa Sayang (Nasi Lemak 2.0) - Huang Ming Zhi & Karen Kong



Sequence Of Dance: A/B/AA/BB(16)/AA/tag/B/AA/ending  
(Note: for the first A dance up to count 30 and add the following 2 counts -)

31            Step right forward  
32            Pivot 1/2 turn left so that all the Bs are danced facing 12.00

Start the dance after 32 counts from the beginning of the track on vocal after "Are you ready?"

## SECTION A – 32 counts

### FORWARD ROCK, TRIPLE 1/2 TURN RIGHT, PADDLE 1/4 TURN RIGHT X 2

1-2            Rock right forward, recover onto left  
3&4            Triple 1/2 turn right on RLR  
5-6            Step left forward, 1/4 turn right shifting weight onto right  
7-8            Step left forward, 1/4 turn right shifting weight onto right

### FORWARD ROCK, TRIPLE 1/2 TURN LEFT, PADDLE 1/4 TURN LEFT X 2

1-2            Rock left forward, recover onto right  
3&4            Triple 1/2 turn left on LRL  
5-6            Step right forward, 1/4 turn left shifting weight onto left  
7-8            Step right forward, 1/4 turn left shifting weight onto left

### CROSS, POINT, CROSS, POINT, FORWARD ROCK, COASTER STEP

1-2            Cross right over left, point left to left side  
3-4            Cross left over right, point right to right side  
5-6            Rock right forward, recover onto left  
7&8            Coaster step on RLR

### TRIPLE 1/2 TURN RIGHT, BACK ROCK, WALK FORWARD RLRL

1&2            Triple 1/2 turn right on LRL  
3-4            Rock right back, recover onto left  
5-8            Walk forward on RLRL

## SECTION B – 48 counts ( danced to rapping and always facing 12.00 )

### WALK FORWARD RLR, KICK, WALK BACKWARD LRL, TOUCH

1-4            Walk forward on RLR, kick left forward  
5-8            Walk backward on LRL, touch right together

### RIGHT ROLLING VINE, TOGETHER, HAND ACTIONS

1-4            Right rolling vine on RLR, step left together  
5-6            Place right hand forward, hold  
7-8            Place left hand on top of right hand, hold

### LEFT ROLLING VINE, TOGETHER, HAND ACTIONS

1-4            Left rolling vine on LRL, step right together  
5-6            Place left hand forward, hold  
7-8            Place right hand on top of left hand, hold

### WALK FORWARD RLR, KICK, WALK BACKWARD LRL, TOUCH

1-4            Walk forward on RLR, kick left forward

5-8 Walk backward on LRL, touch right together

**RIGHT ROLLING VINE, TOUCH, LEFT & RIGHT MAMBO**

1-4 Right rolling vine on RLR, touch left together

5&6 Left side mambo on LRL with forward chest push

7&8 Right side mambo on RLR with forward chest push

**LEFT ROLLING VINE, TOUCH, RIGHT & LEFT MAMBO**

1-4 Left rolling vine on LRL, touch right together

5-6 Right side mambo on RLR with forward chest push

7-8 Left side mambo on LRL with forward chest push

**TAG**

1-4 Bump Hips RLRL

**Ending:**

1-4 Make a big anti-clockwise circle with right hand

5-6 Make a big clockwise circle with left hand

7-8 Raise both hands to the back on right side

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