

# Cardio Jive

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Ike Po (USA) & Virginia Po (USA) - October 2011  
音樂: Every Little Thing - Carlene Carter



## TOE, HEEL TOUCH, CROSS STEP, TOE, HEEL TOUCH, CROSS STEP, ROCK RECOVER

1-3      Touch R toe to L instep, touch R heel to side, cross step R over L  
4-6      Touch L toe to R instep, touch L heel to side, cross step L over R  
7-8      Rock R back, recover L forward

## LINDY SHUFFLE, ROCK RECOVER, ½ TURN SHUFFLE, ROCK RECOVER

1&2      Step R to side, step L next to R, step R to side  
3-4      Rock L back, recover R forward  
5&6      ½ turn R step L back, step R back, step L next to R  
7-8      Rock R back, recover L forward

## BOOGIE WALK, SHUFFLE, SHUFFLE FORWARD

1-4      Walk R L R L forward with knee slightly bent, body leaned backward & toes pointed out  
(Style - Open hands at waist level with palms facing forward, spread fingers while shaking hands)  
5&6      Step R forward, step L next to R, step R forward  
7&8      Step L forward, step R next to L, step L forward

## KICK, KICK, SAILOR STEP, KICK, KICK SAILOR STEP WITH ¼ TURN L

1-2      Kick R forward & side  
3&4      Step R behind L, step L next to R, step R to side  
5-6      Kick L forward & side  
7&8      Step L behind R, step R next to L, ¼ turn L step L to side

## START OVER

**TAG:** At the end of the 4th & 8th wall (facing 12 o'clock) add jazz box

## JAZZ BOX

1-4      Cross R over L, step L back, step R to side, step L next to R

**Choreographer Contact Information: September 30, 2011**

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**Enjoy & have fun!**