

Northern Girl

拍數: 32 牆數: 4 級數: Beginner Plus
編舞者: Rob McKean (CAN) - October 2011
音樂: Northern Girl - Terri Clark



½ Monterey Right, Lindy Right

1-4 Touch R toe to right side, pivot ½ turn right on L stepping side right, touch L toe to left, step together on L
5&6 Step side right on R, step together on L, step side right on R
7-8 Rock back on L, recover on R.

Hip Bumps, Coaster Step, ¼ Turn Left, Touch

9-12 Bump hips forward twice, bump hips back twice
13&14 Step back on L, step together on R, step forward on L
15-16 Make a ¼ turn left stepping out on R, touch L beside R

½ Hinge Turn Left, Heel Jack, Hold, Ball Cross, Hold, Heel Jack, Hold.

17-18 Make a ¼ turn left stepping on L, make a ¼ turn left stepping on R
&19-20 Step back on L(&), touch R heel in front, hold
&21-22 Step together on R(&), Cross L over R, hold
&23-24 Step back on R(&), touch L heel in front, hold

Step Together, Rock & Recover, Shuffle Back, ½ Shuffle Left, Kick Ball Change

&25-26 Step together on L (&), rock forward on R, recover on L
27&28 Step back on R, together on L, back on R
29&30 Make a ½ turn left stepping forward on L, together on R, forward on L
31&32 Kick R forward, step together on R, step down on L

Repeat

Tag: The tag is added after the 4th and 8th Sequences.

Lindy Right, Lindy Left

1&2 Step side right on R, together on L, side right on R
3-4 Rock back on L, recover on R
5&6 Step side left on L, together on R, side left on L
7-8 Rock back on R, recover on L