

Sempre, Sempre

拍數: 48 牆數: 4 級數: Easy Improver
編舞者: Marie Sørensen (TUR) - October 2011
音樂: Sempre sempre - Al Bano & Romina Power



Intro: 48 Counts

Sway, Sway, Shuffle, Sway, Sway, Shuffle

1-2 Step fwd. right and sway to the right, sway to the left
3&4 Step fwd. right, step left beside right, step fwd. right
5-6 Step fwd. left and sway to the left, sway to the right
7&8 Step fwd. left, step right beside left, step fwd. left (12:00)

Rock Fwd. Right, Recover, Shuffle ½ Turn Right, Jazz Box, Touch

1-2 Rock fwd. right, recover
3&4 ¼ turn right, step right to right side, step left beside right, ¼ turn right, step fwd. right
5-6 Cross left in front of right, step back on right
7-8 Step left beside right, touch right beside left (6:00)

Restart the dance here during wall 4 - Facing 9` Clock

Chasse Right, Back Rock Left, Recover, Kick Ball Cross, Twice

1&2 Step right to right side, step left beside right, step right to right side
3-4 Back rock left, recover
5&6 Kick left diagonal fwd. step left beside right, cross right in front of left
7&8 Kick left diagonal fwd. step left beside right, cross right in front of left (6:00)

Chasse Left, Back Rock Right, Recover, Kick Ball Cross, Twice

1&2 Step left to left side, step right beside left, step left to left side
3-4 Back rock right, recover
5&6 Kick right diagonal fwd. step right beside left, cross left in front of right
7&8 Kick right diagonal fwd. step right beside left, cross left in front of right (6:00)

Rumba, Touch, Rumba, kick

1-2 Step right to right side, step left beside right
3-4 Step fwd. right, touch left beside right
5-6 Step left to left side, step right beside left
7-8 Step back left, kick right fwd. (6:00)

Coaster Step, Scuff, ¼ Step Turn, Cross, Hold

1-2 Step back right, step left beside right
3-4 Step fwd. right, scuff left
5-6 Step fwd. left, make ¼ turn right (Weight on right)
7-8 Cross left in front of right, hold (9:00)

There is one restart during wall 4, after 16 Counts – Facing 9` Clock

Have Fun!