LaLuna Bachata (Improver)

級數: Improver

編舞者: Amy Christian (USA) - October 2011

音樂: Stand by Me - Prince Royce

SIDE, TOGETHER, SIDE, & BUMP, SIDE, TOGETHER, SIDE, & BUMP,

- 1-3 Step R to R side, Step L next to R, Step R to R side,
- &4 Touch L next to R, Bump L, (lift L hip, weight still on R),
- 5-7 Step L to L side, Step R next to L, Step L to L side,
- &8 Touch R next to L, Bump R, (Weight on L),

BACK, BACK, BACK, TOUCH FWD, & BUMP, STEP, TOUCH, STEP BACK, TOUCH,

1-3 Go back, R, L, R,

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- &4 Touch R forward, Bump fwd,
- 5-8 Step fwd On L, Touch R next to L, Step back on R, Touch L fwd,

STEP, BRUSH, ¼ JAZZ BOX, TOGETHER, TOGETHER,

- 1-4 Step fwd on L, Brush R fwd at diagonal, ¼ turn right, Crossing R over L, Step Back on L,
- 5-6 Step R next to L, Step R next to L,

R MAMBO, L MAMBO, ROCK FWD, RECOVER, OUT & BUMP R, BUMP L,

- 7-8 Rock out to R side on R foot, Recover on L,
- 1 Step R next to L,
- 2-4 Rock out to L side on L foot, Recover on R, Step L next to R,
- 5-6 Rock fwd on R, Recover on L,
- 7-8 Step R out to right side & Bump R, Bump L.

Begin again!





牆數:4