

Dedication

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Michele Perron (CAN) - October 2011
音樂: Dedication to My Ex (Miss That) (feat. Andre 3000 & Lil Wayne) - Lloyd : (Album:
King Of Hearts - Clean Version)



Introduction: 32 Counts - CW Rotation, Intermediate Level

Sec. I (1- 8) TOGETHER-HEEL-SLIDE/STEP, TRIPLE FORWARD, ROCK, RECOVER, TRIPLE TURN

&,1,2 RIGHT Step beside L, LEFT Heel forward (with slight lean back, R knee bends), LEFT Slide/Step back & beside R
3,&,4 RIGHT Triple forward
5,6 LEFT Rock/Step forward, RIGHT Recover/Step back
7,&,8 LEFT Triple forward with 1/2 Turn L [6 o'clock]

• Styling Note: Optional - add Right Flick/Kick back on Count 2

Sec. II (9-16) TOGETHER-HEEL-HOLD, TOGETHER-TOUCH-HITCH, ACROSS-SIDE-RECOVER, ACROSS-TURN-FORWARD

&,1,2 RIGHT Step beside L, LEFT Heel forward (with slight lean back, R knee bends), HOLD
&,3,4 LEFT Step beside R, RIGHT Toe/Touch side R, RIGHT Knee hitch (across front of L)
5,&,6 RIGHT Step across front of L, LEFT Step side L, RIGHT Step side R (in place)
7,&,8 LEFT Step across front of R, RIGHT Step back with 1/4 Turn L, LEFT Step forward & side L [3 o'clock]

Sec.III (17-24) TOUCH, BACK, COASTER BACK, TOUCH, BACK, COASTER BACK

1,2 RIGHT Toe/Touch forward, RIGHT Step back
3,&,4 Turn 1/4 L with LEFT Step back, RIGHT Step beside L, LEFT Step forward (turn on Count 3) [12 o'clock]
5,6 RIGHT Toe/Touch forward, RIGHT Step back
7,&,8 Turn 1/4 L with LEFT Step back, RIGHT Step beside L, LEFT Step forward (turn on Count 7) [9 o'clock]

Sec.IV (25-32) ACROSS, SIDE, BEHIND, TOUCH, ACROSS, SIDE, ACROSS, SIDE

1,2 RIGHT Step across front of L, LEFT Step side L
3,4 RIGHT Step crossed behind L, LEFT Toe/Touch side L (shoulders face diagonal R)
5,6 LEFT Step across front of R, RIGHT Step side R
7,8 LEFT Step across front of R, RIGHT Step side R

Sec V (33-40) TOGETHER-TOUCH-TURN, TRIPLE SIDE, TOGETHER-TOUCH-TURN, TRIPLE SIDE

&,1,2 LEFT Step beside R, RIGHT Toe/Touch side R, Turn 1/2 R with RIGHT Step beside L [Monterey Turn] [3 o'clock]
3,&,4 LEFT Triple side L
&,5,6 RIGHT Step beside L, LEFT Toe/Touch side L, Turn 1/2 L with LEFT Step beside R [Monterey Turn] [9 o'clock]
7,&,8 RIGHT Triple side R

Sec VI (41-48) ACROSS/ROCK, RECOVER, TOUCH/HIP BUMP, FORWARD: 3X

1,2 LEFT Rock/Step across front of R, RIGHT Recover/Step back & behind L
3,4 Turn 1/4 L with LEFT Toe/Touch forward diagonal L with L Hip bump forward, LEFT Step forward [6 o'clock]
5,6 RIGHT Toe/Touch forward diagonal R with R Hip bump forward, RIGHT Step forward
7,8 LEFT Toe/Touch forward diagonal L with L Hip bump forward, LEFT Step forward

Sec VII (48-56) ROCK/FORWARD, RECOVER, BACK, BACK, SAILOR R, SAILOR TURN

- 1,2 RIGHT Rock/Step forward, LEFT Recover/Step back
- 3,4 RIGHT, LEFT Steps back
- 5,&,6 RIGHT Step crossed behind L, LEFT Step side L, RIGHT Step side R
- 7,&,8 LEFT Step crossed behind R, Turn 1/4 L with RIGHT Step side R, LEFT Step side L [3 o'clock]

Sec VIII (57-64) ACROSS/ROCK, RECOVER, TRIPLE TURN, FORWARD, TURN, TURN, DRAG

- 1,2 RIGHT Rock/Step across front of L, LEFT Recover/Step back & behind R
- 3,&,4 RIGHT Triple side with 1/4 Turn R (R side, L tog, turn) [6 o'clock]
- 5,6 LEFT Step forward, Turn 1/2 R with RIGHT Step forward [12 o'clock]
- 7,8 Turn 1/4 R with LEFT Step side L, RIGHT Slide/Drag to L [3 o'clock]

Begin Again

Ending: complete Sec V, facing 3 o'clock; turn 1/4 L & hit a Pose ?
