

Rox

拍數: 64 牆數: 2 級數: Improver / Intermediate
編舞者: Pat Stott (UK) - October 2011
音樂: I Don't Believe - Rox : (CD: Memoirs)



Commence on vocals after 8 beats (5 seconds)

S1: Cross strut, back strut, rock right, recover, rock right recover

1-4 Cross right toe over left, lower heel, left toe back, lower heel
5-8 Rock right to right bumping hips right, recover, rock right to right bumping to right, recover

S2: Cross strut, back strut, bump right, recover, touch, kick

1-4 Cross right toe over left, lower heel, left toe back, lower heel
5-6 Right to right bumping hips to right, recover on left
7-8 touch right next to left, kick right forward diagonally to right

S3: Weave, kick , behind, ¼ turn right stepping forward on left, forward, scuff

1-4 Cross right behind left, left to left to left, cross right over left, kick left to left diagonal
5-8 Cross left behind right, turn ¼ right stepping forward on right, step slightly forward on left, scuff right heel (curving slightly to right to prepare for next step)

S4: Side, behind, side, cross, right forward turning ¼ turn right , bounce on right foot x 2 turning ½ right, step forward on left

1-4 Right to right, cross left behind right, right to right, cross left in front of right
5-8 ¼ to right stepping on right, gradually turning ½ to right with weight on right bounce right heel twice, (styling 6-7: raise left leg out to left and arms out to sides – right arm down to 4 O'clock and left arm up to 10 O'clock), left forward

S5: Step, lock, step, brush, step, lock, step, close

1-4 Right forward, lock left behind right, right forward, brush
5-8 Left forward, lock right behind left, left forward, close right to left

S6: Swivets – left, right, left, right

1-2 Weight on left heel and right toe twist toes to left, recover to centre
3-4 Weight on right heel and left toe twist toes to right, recover to centre
5-8 Repeat steps 1 – 4

S7: Step forward, hold, ¼ turn left, hold, turning ¼ left step right to right, slide left to right

1-4 Step forward on right, hold, turn ¼ to left transferring weight to left, hold
5-8 Turning ¼ step large step to right, slide left towards right (6-7), close left to right (8)

S8: Twist to right, hold and clap, twist to left hold and clap

1-4 Twist heels to right, twist toes to right, twist heels to right, hold and clap
5-8 Twist heels to left, twist toes to left, twist heels to left, hold and clap

Tag: End of wall 2 (facing 12 O'clock)

1- 4 Step right to right, hold, rock left behind right, recover on right
5-8 Step left to left, hold, rock right behind left, recover on left
9-12 Step right to right, hold, rock left behind right, recover on right
13-16 Step left to left; hold 3 beats (arms out to sides)

Tag: end of wall 3 (facing 6 O'clock)

1-8 Repeat twists to right and left

Finish: Dance up to steps 1 4 of section 2, then stomp right to right with arms out to sides
