

Not Easy

拍數: 32 牆數: 4 級數: Advanced
編舞者: Yonne Emalda - October 2011
音樂: Mei Na Me Jian Dan - Huang Xiao Hu



Intro: 8 counts from the heavy beats

Diamond Box Walk Steps

- 1-2& Step L foot forward to L diagonal (11.00), walk R foot forward, cross L foot over R foot
3-4& Step R foot back to face L diagonal (7.00), walk back L foot, square the wall stepping R foot back (6.00)
5-6& Step L foot forward to diagonal (4.00), walk R foot forward, cross L foot over R foot
7-8& Step R foot back to face L diagonal (1.00), walk back L foot, square the wall stepping R foot back (12.00)

Sweep, Cross Rock And Recover, Side, Cross Rock And Recover, Side, Cross Unwind Full Turn, Sweep, Sailor Step

- 1 Small step L foot to L side sweeping R foot from back to front
2&3 Cross rock R foot over L foot, recover weight on L foot, step R foot to R side
4&5 Cross rock L foot over R foot, recover weight on R foot, step L foot to L side
6-7 Cross R foot over L foot, make a full turn over L shoulder sweeping out L foot from front to back
8& Cross L foot behind R foot, step R foot to R side

Side, Sway X3, Ball Cross, Point, Hitch, Sailor ½ Turn

- 1-3 Long step L foot to L side swaying hips to L side, sway hips to R side, sway hips to L side
&4 Step R foot beside L foot, cross L foot over R foot
5-6 Point R toes to R side, hitch up R knee
7&8 Turn ½ R crossing R foot behind L foot, step L foot to L side, step R foot forward

Pivot ½ Turn X2, Step ½ Turn, 1 ¼ Turn, Step Together

- 1&2 Step L foot forward, turn ½ R, step L foot forward
3&4 Step R foot forward, turn ½ L, step R foot forward
5-6 Step L foot forward, turn ½ R
7&8& Turn ½ R stepping L foot back, turn ½ R stepping R foot forward, turn ¼ R stepping L foot to L side, step R foot together with L foot

TAG 1 - At the end of wall 4, add:

Diamond Box Walk Steps

- 1-2& Step L foot forward to L diagonal (11.00), walk R foot forward, cross L foot over R foot
3-4& Step R foot back to face L diagonal (7.00), walk back L foot, square the wall stepping R foot back (6.00)
5-6& Step L foot forward to diagonal (4.00), walk R foot forward, cross L foot over R foot
7-8& Step R foot back to face L diagonal (1.00), walk back L foot, square the wall stepping R foot back (12.00)

Hip Sway

- 1-4 Step L foot to L side swaying hips to L side, R side, L side, R side

TAG 2 - After wall 7, add:

Walk, Side, Coaster Step, Cross Side, Lock, Full Turn

- 1-2 Walk forward on L foot, step R foot to R side
3&4 Step L foot back facing L diagonal (11.00), step R foot beside L foot, step L foot forward

5-6

Cross R foot over L foot, square the wall by stepping L foot to L side (12.00)

7-8

Lock R foot behind L foot, make a full turn over R shoulder
