

Na Na Na Na Na

拍數: 32 牆數: 4 級數: Newcomer / Improver - Novelty
編舞者: Jenny Memmel (DE) - October 2011
音樂: Quiero Darte Mas - El Símbolo : (Album: E'xitos)



Kick Ball Change (2 x), ¼ turn, Hip sways (3x)

- 1 RF kick forward
- & RF step on ball of the foot next to LF
- 2 LF step slightly forward
- 3 RF kick forward
- & RF step on ball of the foot next to LF
- 4 LF step slightly forward
- 5 ¼ turn left, step RF to right side (9 a' clock), clap your hands on your tights
- 6 shift weight on your LF and clap your hands
- 7 shift weight on your RF and snip your rights fingers
- 8 shift weight on your LF and snip your left fingers

Step ,Touch ¼ Turn right (4x)

- 9 ¼ turn right step RF forward
- 10 touch LF next RF
- 11 ¼ turn right step LF to the left side
- 12 touch RF next LF
- 13 ¼ turn right step RF forward
- 14 touch LF next RF
- 15 ¼ turn right step LF to the left side
- 16 touch RF next LF

Grapevine right, Rolling vine left & Clap twice

- 17 step RF to right side
- 18 step LF behind RF
- 19 step RF to right side
- 20 touch LF next RF
- 21 ¼ turn left, step LF forward
- 22 ½ turn left step RF backward
- 23 ¼ turn left step LF to left side
- & 24 clap your hands twice

"Saturday-Night-Fever" - Action, turning Jazz Box (1/2 turn right)

- 25 shift your weight on RF and swinging your arms across body to right side up
- 26 shift your weight on LF and swinging your arms across body to left side up
- 27, 28 repeat 25 and 26
- 29 step RF over LF
- 30 ¼ right step LF to left side
- 31 ¼ turn right step LF
- 32 step RF forward

Have Fun!