

Louie's Bolero

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Arthurlyn Seager (CAN) - October 2011
音樂: El Reloj - Luis Miguel



One wall, right lead Sequence: A A, B B, tag, A, B B ending
Rhythm - slow, quick, quick - Play music at +3%

A: 32 counts

R Side/Hold/L Slide For./R Rec., L Side/Hold/R Slide Back/L Rec.

1-4 R step to right side, hold, L slide forward, recover back on R
5-8 L step to left side, hold, R slide back, recover forward on L

R Step For./Hold/Walk 2, L Step For./Hold/Walk 2 (Sliding For Style)

1-4 R step forward, hold, walk forward: L, R
5-8 L step forward, hold, walk forward: R, L

R Side/Hold/L Touch/Hip Lift, L Side/Hold/R Touch/Hip Lift

1-4 R step to right, hold, L touch next to R/lift L hip
5-8 L step to left, hold, R touch next to L/lift R hip

R Step Back/Hold/Back 2, L Step Back/Hold/Back 2 (Sliding For Style)

1-4 R step back, hold, walk back: L, R
5-8 L step back, hold, walk back: R, L

A repeat 1st time only

B: 32 counts

Merengue 7/Touch Right & Left

1-8 R side, L tog., R side, L tog., R side, L tog., R side, L touch

1-8 L side, R tog., L side, R tog., R side, L tog., L side, R touch

R Side/Hold/L Cross-Rock/R Rec., L Step ½ Left/Hold, R Side/L Close Repeat

1-4 R side/hold, L cross-rock over R turning to right, recover on R
5-8 L step ½ left/hold, R side, L step next to R

1-4 R side/hold, L cross-rock over R turning to right, recover on R
5-8 L step ½ left/hold (hold), R side, L step next to R

B repeat each time (extra hold here on last repetition)

Tag: 4 count. R vine

1-4 R side, L behind R, R side, L over R (weight on L)

Ending: back breaks, R side/hold/L touch/hip lift/L side/R point

1-4 R step to right side, hold, L rock behind R, recover on R
5-8 L step to left side, hold, R rock behind L, recover on L
1-4 R step to right side, hold, L touch next to R/lift L hip
5-8 L step to left side, hold, R point to right, hold