

For Always

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Paul Dornstedt (USA) & Karla Dornstedt (USA) - October 2011
音樂: Always - Atlantic Starr : (CD: Ultimate Love Songs: Always Yours)



Thank you, to our friend Yasoma Challenor, from Acton, CA for suggesting this beautiful song to us.
Lead in 16 counts.

[1 – 8] SIDE, ROCK-RECOVER-1/4 RIGHT, 1/2 RIGHT-1/2 RIGHT-1/4 RIGHT CROSS-TOGETHER-RUN-RUN-RUN-TOUCH-STEP BACK

- 1 Step right side right
- 2 & 3 Rock left behind right, recover weight on right, turn 1/4 right and step back on left (3:00)
- 4 & Turn 1/2 right and step forward on right, turn 1/2 right and step back on left (3:00)
- 5 Turn 1/4 right and step right side right (6:00)

Easier alternate steps:

- 4 & 5 [Turn 1/4 right and step right side right, step left next to right, step right side right] (6:00)
- 6 & 7 Cross left over right, step right next to left, take small step towards left forward diagonal (4:30)
- & 8 Take small step forward on right (4:30), take small step forward on left (4:30) (4:30)
- & 1 Touch right behind left, step back on right

[9 -16] 1/2 LEFT SAILOR TURN, STEP-LOCK-STEP FORWARD-1/4 RIGHT-CROSS-1/4 LEFT-1/2 LEFT-1/4 LEFT, BACK

- 2 & 3 Turn 1/4 and step left behind right, step right next to left, turn 1/4 left and step forward on left (10:30)
- 4 & 5 Step right to right forward diagonal, lock left behind right, step right to right forward diagonal (1:30)
- 6 & 7 Step forward on left, turn 1/4 right and step on right (face 3:00 o'clock wall), cross left over right (3:00)
- & 8 Turn 1/4 left and step back on right, turn 1/2 left and step forward on left, (6:00)
- & 1 Turn 1/4 left and step right next to left, step back on left while sweeping right back (3:00)

[17 – 24] TOUCH-1/2 RIGHT-BACK, SAILOR STEP CROSS-TOGETHER-RUN-RUN-RUN-TOUCH-STEP BACK

- 2 & 3 Touch right behind left, turn 1/2 right and step on left, step back on right (9:00)
- 4 & 5 Cross left behind right, step right next to left, step left to left forward diagonal (7:30)
- 6 & 7 Cross right over left, step left next to right, take small step towards right forward diagonal (10:30)
- & 8 Take small step forward on left (10:30), take small step forward on right (10:30) (10:30)
- & 1 Touch left behind right, step back on left

[25 – 32] COASTER STEP, ROCK-RECOVER-1/4 LEFT FORWARD, FORWARD-1/8 LEFT-CROSS OVER-SIDE-ROCK BACK-RECOVER

- 2 & 3 Step back on right, step left next to right, step forward on right (10:30)
- 4 & 5 Rock forward on left, recover weight back on right, turn 1/4 left and step forward on left (7:30)
- 6 & 7 Step forward on right, turn 1/8 left and step on left (face 6 o'clock wall), cross right over left (6:00)
- & 8 & Step left side left, rock right behind left, recover weight on left

REPEAT

ENDING: (Optional) Last rotation starts on the 6 o'clock wall. Complete first 15 counts then

- & 8 Turn 1/4 left and step back on right, turn 1/2 left and step forward on left, (6:00)

& 1 Step right next to left, step forward on left. (12:00)

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