

Hot In The Club

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Michael Lynn (UK) - September 2011
音樂: Hit The Lights - Jay Sean : (3:42)



(32 count intro – start on vocals, 139bpm)

RIGHT LUNGE-HOOK, RIGHT SHUFFLE, HEEL STEPS x2, LEFT COASTER STEP

1-2 Lunge forward right, recover left as you hook right across left knee,
3&4 Step forward right, close left beside right, step forward right,
5-6 Step forward on left heel, step forward on right heel,
7&8 Step back left, step right next to left, step forward left.

RIGHT ROCK RECOVER, SHUFFLE 1/2 TURN RIGHT, SHUFFLE 1/2 TURN RIGHT, BACK RIGHT ROCK RECOVER

1-2 Rock forward right, recover left,
3&4 Step right 1/4 turn right, close left beside right, step right 1/4 turn right,
5&6 Step left 1/4 turn right, close right beside left, step left 1/4 turn right,
7-8 Back rock right, recover left.

EASIER OPTION: Counts 3-6 can be replaced with a back right shuffle (3&4) + back left shuffle (5&6).

RESTART: On Wall 12, dance upto this point and restart the dance.

STEP-1/4 TURN LEFT, TOUCH-BALL-CROSS, SIDE ROCK RECOVER, LEFT SAILOR STEP

1-2& Step right 1/4 turn left, touch left beside right, step left in place (ball),
3 Cross right over left,
4-5 Rock left to left side, recover right,
6&7 Cross left behind right, step right to right side, step left to place.

WEAVE 1/4 TURN LEFT, STEP-PIVOT 1/2 TURN RIGHT, ATTITUDE PADDLES, STEP

8&1 Cross right behind left, step left forward as you 1/4 turn left, step forward right,
2-3 Step forward left, pivot 1/2 turn right,
4-7 Paddle 1/2 turn right over 4 counts, keeping right fixed as you paddle with left.
8 Step left beside right.

STYLING: On counts 4-7 as you paddle shake you shoulders and push your hands forward/back as if pushing an imaginary wall.

TAG (Danced after Wall 5 only)

STEP, LEFT ROCK RECOVER, BACK-UPPITY TOES-1/2 TURN, STEP-PIVOT 1/2 TURN LEFT-RIGHT TOUCH

1 Step forward right,
2-3 Rock forward left, recover right,
4&5 Step left back, make 1/2 turn to left lifting toes & swivelling on both heels,
6 Step forward right,
7-8 Pivot 1/2 turn left, touch right beside left.

CHOREOGRAPHER's NOTE's

TAG: On wall 5 dance the entire dance and add the 8 count tag.

RESTART: On Wall 12, dance upto count 16 and restart the dance.

This dance can be a floor split with Neville Fitzgerald & Julie Harris's intermediate dance "Hit The Lites".