

# Walkin' Blues (aka Dude A Whop)

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 2      級數: Intermediate WCS  
編舞者: Jill Babinec (USA) & Debi Pancoast (USA) - September 2011  
音樂: Walkin' Blues - Melinda Doolittle : (Album: Coming Back To You, or single)



**Intro: 48 count intro, to start when beat really kicks in at "Lord, I feel like..."**

## [1 – 8] "Pelvis Rock", Recover, Syncopated Weave, Press Fwd, Recover/Sweep, ¼ Sailor Step

- 1,2      Push R pelvis forward as you rock forward on R foot; Recover weight back on L opening slightly to left
- 3&4      Turn ¼ left to face 9:00 stepping R behind L; Step side L; Step R across L
- 5,6      Press forward and slightly across on ball of L; Recover weight back on R and release L into sweep from front to back with ¼ turn L
- 7&8      Finish ¼ turning sweep to face 6:00 stepping L behind R; Small step side R; Slight step forward L

## [9 – 16] Lady's Basic: Walk, Walk, Sugar Push, Ball-Change-Heel (modified Anchor), Ball-Walk, Walk

- 1,2      Walk forward R, L
- 3&4      Small rock forward R; Recover weight back on L; Large step back R as you slightly drag L to R
- 5&6      Small step back L; Step R next to L; Touch L heel forward
- &7,8      Step together on ball of L; Walk forward R, L

## [17-24] ½ Turning Hip Bumps/Roll (R, L, R, L, R, L), Mambo Step

- 1,2      Step forward R pushing hips forward; Push hips back taking weight on L
- 3,4      Turn ¼ left to face 3:00 while you push hips side right taking weight on R; Push hips side left taking weight on L
- 5-6      Turn ¼ left to face 12:00 while you push hips back taking weight on R; Push hips forward taking weight on L

**Option - Substitute a forward hip roll by "sitting" back into the R foot on 5, and roll hips forward and up to take weight on the L on 6**

- 7&8      Rock forward R; Recover weight back on L; Step together or slightly back R

## [25-32] Rock & Hitch, Shorty George (or Run-Run-Run), Mambo Step, Coaster

- 1&2      Rock forward L; Recover weight back on R; Hitch L bringing L hip and knee up with toe pointed down
- 3&4      Shorty George: Step forward L bending knees slightly and pushing knees to the left; Step forward R bending knees slightly and pushing knees to the right; Step forward L straightening up a bit

**Option: 3 small low running steps forward L, R, L**

- 5&6      Rock forward R; Recover weight back on L; Step together or slightly back R
- 7&8      Step back L; Step R next to L; Step forward L

## [33-40] Walk, Walk, English Cross, Step, Sweep, Cross, Rock-Recover-Cross

- 1,2      Walk forward R, L
- &3,4      Small step forward on ball of R angling slightly left; Step L across R still angled slightly left; Step forward R squaring up to 12:00
- 5,6      Sweep L from back to front as you turn ½ right to face 6:00; Step L across R
- 7&8      Rock side R; Recover weight to L; Step R across L

## [41-48] Rock-Recover-Prep, Reverse Triple Turn (or Side Triple Step), Samba Cross-Side-Step, "Roly Poly Jazz Box"

- 1&2      Rock side L; Recover weight to R; Step L across R

3&4 Turn ¼ left to face 3:00 stepping back R; Turn ½ left to face 9:00 stepping forward L; Turn just shy of ¼ left to face 7:00 stepping side R

**Option – Triple step side R: Step side R, Step L next to R, Step side R**

5&6 Step L across R; Rock side R; Recover weight on L

7&8& Roll hips counter-clockwise through these counts while you step R across L; Step back L; Step side R; Step forward L

**Note: The momentum of your hips from this full circle hip roll should segue nicely into the “Pelvis Rock” at the beginning of the dance.**

**This step sheet may be freely copied intact, however, modifications to this step sheet may not be made without the permission of the choreographers.**

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