

Stereo Heart

COPPER KNOB
BY STEPHEN BRETZ

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kelvin Deadman (UK) - October 2011
音樂: Stereo Hearts (feat. Adam Levine) - Gym Class Heroes



36 Count Intro - Start on Rapping Vocals

Walk Forward Right Left. Forward Rock. Right Coaster Step. Step. Pivot 1/2 Turn Right. Step. 3/4 Turn Left with Cross.

1 – 2 Walk forward on Right, Walk forward on Left
3& Rock forward on Right, Rock back on Left
4&5 Step back on Right, Step Left beside Right, Step forward on Right
6&7 Step forward on Left, Pivot 1/2 turn Right, Step forward on Left
8& Make 1/2 turn Left stepping back on Right, Make 1/4 turn Left stepping Left to Left Side
1 Cross Right over Left (Facing 9 o'clock)

Side Rock. Behind & Cross & Cross. Touch-Hitch-Cross. Back & Cross.

2&3 Rock Left to Left Side, Recover weight on Right, Cross Left behind Right
&4&5 Step Right to Right Side, Cross Left over Right, Step Right to Right Side, Cross Left over Right
6&7 Touch Right toes to Right Side, Hitch Right knee up, Cross Right over Left
8&1 Step back on Left, Step Right to Right Side, Cross Left over Right

1/4 Turn Left & Step. Forward Lock Step. Step. Pivot 1/2 Turn Left. Step. Paddle Full Turn Right.

2&3 Make 1/4 Turn Left stepping back on Right, Step Left to Left Side, Step forward on Right
4&5 Step forward on Left, Lock Right behind Left, Step forward on Left
6&7 Step forward on Right, Pivot 1/2 turn Left, Step forward on Right
&8 Step Left beside Right. Make 1/2 turn Right stepping forward on Right
&1 Step Left beside Right. Make 1/2 turn Right stepping forward on Right (Facing 12 o'clock)

Full Left Rumba Box. Left Back Lock Step. Right Coaster Step.

2&3 Step Left to Left Side, Step Right beside Left, Step forward on Left
4&5 Step Right to Right Side, Step Left beside Right, Step back on Right
6&7 Step back on Left Lock Right over Left, Step back on Left
8&1 Step back on Right, Step Left beside Right, Step forward on Right ** Restart See Below **

Walk Forward Left Right. Left Rocking Chair. Kick & Side Rock. Sailor 1/4 Turn Right.

2 – 3 Walk forward on Left, Walk forward on Right
4&5& Rock forward on Left, Rock back on Right, Rock back on Left, Rock forward on Right
6&7& Kick Left forward, Step Left beside Right, Rock Right to Right Side, Recover weight on Left
8&1 Make 1/4 turn Right crossing Right behind Left, Step Left to Left Side, Step Right to Right Side

Cross Rock. Side. Back Rock. 1/4 Turn Right. Mambo 1/2 Turn Left. Step. 1/2 Turn Left.

2&3 (Body Facing 4 o'clock) Cross Rock Left over Right, Rock back on Left, Step Left to Left Side
4&5 Rock back on Right, Rock forward on Left, Make 1/4 turn Right stepping forward on Right
6&7 Rock forward on Left, Rock back on Right, Make 1/2 turn Left stepping forward on Left
8& Step forward on Right, Pivot 1/2 turn Left (Facing 6 o'clock)

Start Again

TAG END OF WALL 2 (Facing 12 o'clock): Walk Forward Right Left. Step. Pivot 1/4 Turn Left x 2.

1 – 2 Walk forward on Right, Walk forward on Left

3&4& Step forward on Right, Pivot 1/4 turn Left, Step forward on Right, Pivot 1/4 turn Left Now
Restart from the Beginning!!! (Facing 6 o'clock)

Restart: Wall 5 Dance the First 32& Counts ... Then Restart from the Beginning (Facing 6 o'clock)

Ending: On the Final Wall at the Very End of the Dance you will be Facing 12 o'clock Stomp Forward on Right to Finish!!!
