

Caro's Lounge

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ivonne Verhagen (NL) - October 2011
音樂: I Know That He's Mine - Caro Emerald : (CD: Lady Lounge)



Dance starts after 16 counts (on vocals)

CROSS BEHIND, ¼ TURN RIGHT (2X), CROSS BEHIND, ¼ TURN LEFT (2X), SAILOR CROSS ½ TURN LEFT, WEAVE ¼ TURN RIGHT

- 1&2 LF cross behind RF, ¼ turn right & RF step forward, ¼ turn right & step LF side (sweep RF from front to back)
3&4 RF cross behind LF, ¼ turn left & LF step forward, ¼ turn left & step RF side (sweep LF from front to back)
5&6 Cross Step LF behind RF, ½ turn left & step RF to right side, cross LF over RF
&7&8 RF step side, LF cross behind RF, ¼ turn right & RF step forward, LF step forward
**** Restart/Tag in wall 3 (change count &7&8 in section 1)**
7&8 RF step side, LF cross behind RF, RF step side

MAMBO, SAILOR ¼ TURN LEFT, SIDE ROCK CROSS, SIDE ROCK CROSS

- 1&2 RF rock forward, weight back on LF, RF step back
3&4 Cross Step LF behind RF, ¼ turn left & step RF to right side, Step LF to left side
5&6 RF rock right to the side, weight back on LF, RF cross over LF
7&8 LF rock left to the side, weight back on RF, LF cross over RF

STEP, ½ TURN STEP, ROCK FORWARD, ROCK BACK, STEP FORWARD, ROCK FORWARD, ROCK BACK, STEP FORWARD, STEP ½ TURN RIGHT, ½ TURN RIGHT & STEP BACK, SWEEP RF FROM FRONT TO BACK

- 1&2 RF step forward, ½ turn left & LF step forward, RF step forward
3&4 LF rock forward, RF weight back on RF, LF step forward (use hips)
5&6 RF rock forward, LF weight back on LF, RF step forward (use hips)
7&8 LF step forward, ½ turn right & RF step in place, ½ turn right & LF step back (RF sweep from front to back)

(Option: 7&8: LF rock forward, RF weight back on RF, LF step back & sweep RF from front to back)

CROSS BEHIND, ¼ TURN LEFT, ¼ TURN LEFT, SAILOR CROSS ½ TURN LEFT, STEP SIDE, BEHIND, ¼ TURN RIGHT, STEP FORWARD, ¼ TURN RIGHT

- 1&2 RF cross behind LF, ¼ turn left & LF step forward, ¼ turn left & RF step side
3&4 Cross Step LF behind RF, ½ turn left & step RF to right side, cross LF over RF
5&6 RF step side, LF cross behind RF, ¼ turn right & RF step forward
7-8 LF step forward, ¼ turn right & weight on RF

Restart / Tag: In wall 3 after 8 counts

Change count &7&8 in section 1:

- 7&8 RF step side, LF cross behind RF, RF step side

Have fun!