

Freak A Little More

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA) - September 2011
音樂: Dance to the Music - Sly & The Family Stone & will.i.am : (Album: Different Strokes By Different Folks)



48 count intro to start after the loud scream "YEAAAAAAAAAAAAA!"

[1 – 8]

1-2 1-2) Walk forward R, L
3&4 3) Kick R forward; &) Step R next to L; 4) Point L to left
5-6 5) Step L across R; 6) Step R to right (feet shoulder width apart);

NOTE: With arms at sides, bounce shoulders 5&6.

&7&8 &) With weight on R foot and R knee slightly bent, open body slightly to left diagonal and lift pelvis; 7) Bump hips down and to the right; &) Lift pelvis; 8) Bump hips down and to the right

[9-16]

&1-2 &) Lift L knee making a ¼ turn left [9:00]; 1-2) Walk forward L, R
3&4 3) Rock forward L; &) Recover weight back on R; 4) Turn ¼ left stepping side left [6:00]
5-6 5) Step R across L; 6) Turn ¼ right stepping back L [9:00]
7&8 7) Turn ¼ right stepping side R [12:00]; &) Step together L; 8) Step side R

[17-24]

&1-2 &) Turn ½ right on R foot; 1) Step L to left and look over left shoulder at the same time [6:00];
2) Bounce L heel
3-4 3) Turn ½ right taking weight onto R foot [12:00]; 4) Step L to left
5& 5) Step R behind L; &) Lift L knee and make a ¼ turn left on R foot [9:00]
6&7-8 6&7) Coaster Step, L-R-L; 8) Step forward R

Note: (make 5-& one smooth motion) Think to yourself "Fiiiiiiiiive, 6&7-8"

[25-32]

&1-2 & 1) Pushing off R foot, do a small jump to left, landing on L foot on the 1, with L knee bent slightly and body opened slightly to left diagonal; 2) Turn ¼ right stepping forward on R [12:00]
3-4 3) Step L forward 4) Pivot ½ turn right taking weight on R [6:00]
5-6 5) Step forward L; 6) Step forward R
7&8 7) Turn ½ left stepping L across R [12:00]; &) Step ball of R next to L; 8) Turn ¼ left stepping forward L [9:00]

Tag – After 7th wall: When you have completed your 7th wall, you will be facing the original 3 O'clock wall.

[1 – 8]

1-4 1-3) Walk forward R-L-R; 4) Turn ¼ right stepping L to left, pushing hips to left (feet shoulder width apart) facing original 6 O'clock wall
5-8 5-8) Keeping knees straight, push hips R-L-R-L

[9 -16]

1-4 1-3) Turn ¼ right and walk forward R-L-R, facing original 9 O'clock wall; 4) Turn ¼ right stepping L to left (feet shoulder width apart) facing original 12 O'clock wall
5-8 5-8) With knees bent and upper body bent forward from waist up, shake hips side to side with attitude.

Ending: After the last wall you will be facing the original 9 O'clock wall on count 32. After completing count 32, Make a ¼ turn right stepping R foot to right side and hit a pose to face Original 12 O'clock wall.

Have fun!!!!!!

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