

Foolish Things ??

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ayu Permana (INA) - October 2011
音樂: These Foolish Things - Rod Stewart : (Album: The Great American Songbook)



The dance start after 16 counts intro

SECTION 1. SIDE, CROSS, TURN, COASTER STEP, (3X) ¼ TURN, ROCK, RECOVER, CROSS

1 – 2 Step L to side, cross R over L
3 ¼ turn right stepping back on L
4 & 5 Sweep back on R, step L beside R, step R forward
6 – 7 ¼ turn right step L to side, ¼ turn right step R forward
8 & 1 ¼ turn right step/rock L to side, recover on R, cross L over R

SECTION 2. SIDE, TOGETHER, (2X) FORWARD-RECOVER-STEP, SIDE, RECOVER, CROSS

2 – 3 Step R to side, step L beside R
4 & 5 Step/rock R forward, recover back on L, Ste R in place
6 & 7 ½ turn left step/rock L forward, recover back on R, step L in place
8 & 1 Step/rock R to side, recover on L, cross R over L

SECTION 3. (LEFT & RIGHT) FULL TURN WITH CHASSE

2 – 3 ¼ turn left step forward on L, ½ turn left step back on R
4 & 5 ¼ turn left step L to side, step R beside R, step L to side
6 – 7 ¼ turn right step forward on L, ½ turn right step back on L
8 & 1 ¼ turn right step R to side, step L beside R, step R to side

SECTION 4. (2X) CROSS ROCK-RECOVER-SIDE, FULL TURN, TOGETHER

2 & 3 Cross/rock L over R, recover on R, step L to side
4 & 5 Cross/rock R over L, recover on L, step R to side
6 – 7 ¼ turn left step forward on L, ½ turn left step back on R
8 & ½ turn left step forward on L, step R beside L

REPEAT

TAG: 8 counts tag can be found at the end of 5th wall:

(LEFT & RIGHT) GRAPEVINE WITH HEEL TOUCH

1-2-3-4 Step L to side, cross R behind L, step L to side, touch R heel forward diagonally right
5-6-7-8 Step R to side, cross L behind R, step R to side, touch L heel forward diagonally left

Optional: for grapevine can be done as travelling turn

1-2-3-4 ¼ turn left step forward on L, ½ turn left step back on R, ¼ turn left step L to side, touch R toe out to side
5-6-7-8 ¼ turn right step forward on R, ½ turn right step back on L, ¼ turn right step R to side, touch L toe out to side

Last Revision - 5th October 2011