Get In The Groove



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Chris Cleevely (UK) - September 2011 音樂: If You Can't Dance - Same Difference



Start on vocals. - (Entered in the Linedancer Magazine Choreography Competition.)

| Jazz Box, Kick; Left Coaster Step; Walk Forward Right/Left | |
|--|---|
| 1 - 2 | Cross right over left, step back on left |
| 3 - 4 | Step right to right side, kick left forward |
| 500 | |

5 & 6 Step back on left, step right by left, step forward on left

7 - 8 Walk forward right, walk forward left

1/4 Turning Jazz Box Right; Right, Behind; 1/4 Right, Touch Left

9 - 10 Cross right over left, step back on left (3.00 o'clock)

11 - 12 Making ¼ turn right, step forward on right, step forward on left (Third restart here during wall 7 - you will be facing 3.00 o'clock to restart.)

13 - 14 Step right to right side, cross left behind right

15 - 16 Step ¼ turn right, touch left toe beside right (6.00 o'clock)

(First & second restarts here during walls 2 & 5- you will be facing 9.00 o'clock for both restarts – change count 16 – step forward on left.)

Left Kick & Touch Behind; Twist ½ Turn Right, Hold & Clap; Left Kick Ball Step; Step Forward Left, Scuff Right

| 17 & 18 | Kick Left forward, take weight onto left, touch right toe slightly behind left |
|---------|--|
| 19 - 20 | Twist ½ turn right (weight on right), hold & clap (12.00 o'clock) |
| 21 & 22 | Kick left forward, take weight on ball of left, step forward on right |
| 23 - 24 | Step forward on left, scuff right forward |

Rock Forward, Recover; ½ Turn Right, Step; 2 x Step Points

| 25 - 26 | Rock forward on right, recover weight on left | |
|---|---|--|
| 27 - 28 | Making ½ turn right, step forward on right, step forward on left (6.00 o'clock) | |
| 29 - 30 | Step forward on right, point left to left side | |
| 31 - 32 | Step forward on left, point right to right side | |
| (Fourth restort have during well 0. you will be feeing 0.00 statest to restort) | | |

(Fourth restart here during wall 8 – you will be facing 9.00 o'clock to restart))

1/4 Monteray turn right, point left; Behind, Side; Behind, Side, Behind; Rock 1/4 Left, Recover

| 33 - 34 | Making ¼ turn right, step right in place, point left to left side (9.00 o'clock) |
|---------|--|
| 35 - 36 | Cross left behind right, step right to right side |
| 37 & 38 | Cross left behind right, step right to right side & cross left behind right |
| 39 - 40 | Making ¼ turn left, rock back on right, recover weight on left (6.00 o'clock) |

Rock Forward, Recover; Rock, Recover, Step (x 2)

| | Nock forward of felt, fecover weight of fight |
|---------|--|
| 45 - 46 | Rock forward on left, recover weight on right |
| 43 & 4 | Rock forward on right, recover weight on left, step forward on right |
| 41 - 42 | Rock forward on right, recover weight on left |

Walk Right, Left; 1/4 Turn Right, Stepping on Right, Ball Step Right; Left Rocking Chair

| Walk right, Left, 74 rum right, otepping on right, ball otep right, Left rooking onal | | |
|---|--|--|
| 49 - 50 | Walk forward right, walk forward left | |
| 51 & 52 | Making ¼ turn right, step right, take weight on ball of left, step forward right(9.00 o'clock) | |
| 53 - 54 | Rock forward on left, recover weight on right | |

55 - 56 Rock back on left, recover weight on right

Step, Pivot ½ Turn Right; Forward Left Mambo; Walk Back Right/Left; Rock Back Right, Recover (with attitude)

57 - 58 Step forward on left, pivot ½ turn right (3.00 oclock)
59 & 60 Rock forward on left, recover on right, step back on left
61 - 62 Walk back right, walk back left (or full turn right)

63 - 64 Rock back on right

(Optional movements for counts 63 – 64: Lean back on right & push up on left.)

(1 Tag at the end of wall 3 – extra jazz box, step – weight on left.)

(Order of steps: 64; 16; 64; 4; 64; 16; 64; 12; 32; 64; 20)

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