Are You Ready To Roll



編舞者: Bert Vlug (NL) - October 2011

音樂: Ready To Roll - Blake Shelton: (CD: Red River Blue)



Start after 24 counts

[1-8] Side, Together, Side, Together, Side, Walk Backwards 2x, Sailor Step 1/4 Turn

1 RF step to the right
2 LF step next to RF
3 RF step to the right
& LF step next to RF
4 RF step to the right
5 LF walk backwards
6 RF walk backwards

7 LF Step behind RF with ¼ turn to the left

& RF Step to the sideLF Step forward

[9-16] Step, Lock, Step Lock Step, Kick & Touch & Touch & Touch

RF Step forward 1 2 LF Lock behind RF 3 RF Step forward & LF Lock behind RF 4 RF Step forward 5 LF Kick forward 6 RF Touch to the right & RF step next to LF 7 LF Touch to the left & LF step next to RF 8 RF Touch to the right

[17-24] Rock Recover, Shuffle ½ Turn, Shuffle ½ Turn, Rock Recover

RF Rock forward
 LF Recover weight
 RF Step to the right with ¼ turn

& LF Step next to RF shuffle ½ turn
4 RF Step to the right with ¼ turn
5 LF Step for RF with ¼ turn
& RF Step next to LF shuffle ½ turn
6 LF Step behind with ¼ turn

7 RF Rock backwards8 LF Recover weight

[25-32] Step, Pivot ½ Turn, Cross & Cross, Rock Recover, Behind, Step & Cross

1 RF Step forward

2 LF Turn ½ leftturn (Pivot)

3 RF Cross over LF
& LF Step to the left
4 RF Cross over LF
5 LF Rock to the left
6 RF Recover weight

7 LF Cross behind RF
 & RF Step to the right
 B LF Cross over RF

RESTART: in Wall 4 after 16 counts, count 16 in stead of: point left foot to the right- Touch RV next to LF!

FINISH after count 16 cross RF over LF and make a full turn!