

At Least You're Here

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Isa Lau - September 2011
音樂: At Least I Still Have You (至少還有你) - Sandy Lam (林憶蓮)



Count In: 16 counts intro

**L basic with 1/4 L side R, Rock back L, 1/2 L cross, Side, Cross, Side, Cross with R sweep, Weave to L :
Cross, Side, Behind, Side,**

- 1, 2&3 Take large step to L side, Rock back on R slightly behind L, Recover weight on L, Make 1/4 turn L taking large step to R side (9:00)
4&5& Rock back on L slightly behind R, Recover weight on R, Make 1/2 turn over L shoulder cross L over R (3:00), Step R to R side
6&7 Cross L over R, Step R to R side, Cross L over R while sweeping R around
8&1& Cross R over L, Step L to L side, Cross R behind L, Step L to L side

1/4 L side R, Rock back L, Run L R to L diagonally, Step forward L R with sweeps, Cross rock, 1/4 L, 3/4 L, Side L

- 2 Make 1/4 turn L taking large step to R side (12:00)
3&4& Rock back on L towards L diagonal (11:00), Recover weight on R, Run forward on L, Run forward on R
5, 6 Step L forward while sweeping R around, Step R forward while sweeping L around
7&8&1 Cross rock L over R, Recover weight on R, Make 1/4 turn L stepping forward L (6:00), Step forward on R and Spiral 3/4 turn over L shoulder keeping weight on R (9:00), Take large step to L side

1/4 R step lock step, Step lock step, Step back R, Run back L, R, 1/2 turn L with hitch R, Cross rock side

- 2&3 1/4 turn R stepping forward on R (12:00), Lock L behind R, Step R forward
&4&5 Step L forward, Lock R behind L, Step L forward, Step back on R
6&7 Run back on L, Run back on R, Make 1/2 turn L stepping forward on L while hitch of the R knee (6:00)
8&1 Cross rock R over L, Recover weight on L, Step R to R side

Point, L sailor 1/4 L, Point, R sailor 1/4 R, Cross rock

- 2, 3&4 Point L cross R, Cross L behind R, Make 1/4 turn L stepping R next to L (3:00), Step L to L side
5, 6&7 Point L cross R, Cross R behind L, Make 1/4 turn R stepping L next to R (6:00), Step R to R side
8& Cross rock L over R, Recover weight on R

Begin Again and Enjoy!

Tag After wall 3 (facing 6:00)

- 1-4 Sway to L, R, L, R

Restart : On wall 6 after 16& counts (Ends facing 3:00) This will change your 2 walls.