

Mr. Perfection

COPPERKNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sebastiaan Holtland (NL) - October 2011
音樂: Mr. Know It All - Kelly Clarkson : (New Single 2011 Album Stronger 2011)



Intro: 16 Counts (10 Sec)

[1-8] Kick & Point, ½ Triple Turn L, Cross Samba ½ Turn R, Step, 1/2 Swivel L

- 1&2 Kick Rf forward, step Rf back in place, point Lf out to the left (12:00)
3&4 Triple 1/2 left (6) step Lf slightly forward, step Rf beside Lf, step Lf slightly forward weight onto Lf
5&6 Cross step Rf over Lf, turn 1/4 to right (9) step Lf to the left slightly forward, step Rf to the right slightly forward (1/4 cross samba right)
7-8 Step Lf slightly forward swivel 1/2 left (3) keeping feet together holding weight onto Lf

[9-16] Kick & Point, Flick 1/4 Turn R, Coaster Step, Walks Fwd R-L

- 1&2 Kick Rf forward, step Rf back in place, point Lf out to the left (3:00)
3-4 Step Lf back in place flick Rf back to the right and turn 1/4 right (6), step Rf back in place slightly back take weight onto Rf
5&6 Step Lf back, step Rf beside Lf, step Lf forward weight onto Lf (L coaster step)
7-8 Walk Rf forward, walk Lf forward (6:00)

[17-24] Press, ¼ Turn R, Sweep, Ankle Rock (ankle roll) 2x R-L, Walks Fwd R-L

- 1-2 Press Rf forward, recover on Lf turn ¼ right (9) sweep Rf from front to back
3&4 Locked Rf behind Lf take weight onto Rf, recover on Lf, recover on Rf (Ankle Rock R)
5&6 Locked Lf behind Rf take weight onto Lf, recover on Rf, recover on Lf (Ankle Rock L)
7-8 Walk Rf forward, walk Lf forward weight onto Lf (9:00)

[25-32] Fwd, ¼ Turn R, Side, Sailor Heel ¼ Turn R, & Cross, Bend, Hold, Out & Out, Together

- 1-2 Step Rf forward, turn ¼ right (12) step Lf to the left weight onto Lf
3&4 Step Rf behind Lf, turn ¼ right (3) step Lf to the left, touch R heel diagonal forward
&5-6 Step Rf back in place, cross Lf over Rf bending both knees, Hold
&7-8 Coming up step Rf out to right slightly forward, step Lf out to left slightly forward, step Lf next to Lf take weight onto Lf (3:00)

Start again and have fun!
