

Lights Up

拍數: 32 牆數: 4 級數: High Improver
編舞者: Karl-Harry Winson (UK) - October 2011
音樂: Shake It Up - Selena Gomez : (Album: Shake it up - Single)



Intro: 16 Counts from Heavy Beat (Start on Lyrics: "Everybody, Everybody Get out")

Forward rock. Right Coaster-Cross. Side Rock 1/4 turn Right. Full turn Right.

1 – 2 Rock forward on Right. Recover weight back on Left.
3&4 Step back on Right. Step Left beside Right. Cross Right over Left.
5 – 6 Rock Left to Left side. Recover weight on Right making 1/4 Right. (3.00)
7 – 8 Make 1/2 turn Right stepping Left back (9.00). Make 1/2 turn Right stepping Right forward (3.00).

(Can replace counts 7 – 8 with two walks forward stepping: Left, Right)

Forward Rock. Sweep. Weave Right. Side step. Hold. & Side. Touch.

1 – 2 Rock forward on Left. Recover weight onto Right.
3&4 Slightly sweep and cross Left behind Right. Step Right to Right side. Cross Left over Right.
5 – 6 Step Right out to Right side. Hold.
&7-8 Step Left beside Right. Step Right to Right side. Touch Left beside Right.

Side. Touch. 1/4 turn. Scuff. Left Jazz Box-cross.

1 – 2 Step Left to Left side. Touch Right beside Left.
3 – 4 Make 1/4 Right stepping Right to Right side (6.00). Scuff Left beside Right and slightly across Right.
5 – 6 Cross Left over Right. Step back on Right.
7 – 8 Step Left to Left side. Cross Right over Left (6.00).

3/4 Turn Left. Coaster Step. Side step. Hold. & Side. Forward Step.

1 – 2 Make 1/4 Left stepping Left forward (3.00). Make 1/2 turn Left stepping Right back (9.00).
3&4 Step back on Left. Step Right beside Left. Step forward on Left.
5 – 6 Step Right out to Right side. Hold.
&7-8 Step Left beside Right. Step Right to Right side. Step forward on Left (9.00).

Tag here at the End of Walls 2 (6.00) and 5 (9.00)

***Tag:**

(X2) Step. Pivot 1/2 turn Left. Walk forward: Right, Left.

1 – 2 Step Right forward. Pivot 1/2 turn Left.
3 – 4 Walk forward on Right. Walk forward on Left.
5 – 6 Step Right forward. Pivot 1/2 turn Left.
7 – 8 Walk forward on Right. Walk forward on Left.