

Find It In

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Joey Warren (USA) - October 2011
音樂: Message in a Bottle - Jay Sean



Step Pivot ½ Turn, Ball-Rock-Recover, Ball-Rock-Step, ¼ Rock & Cross

1-2-& Step R fwd, ½ Turn L taking weight on L, Step R beside L
3-4-& Rock fwd on L, Recover back on R, Step L back beside R
5 - 6 Rock back on R opening body to R, Recover to L and body center
7-&-8 ¼ Turn L rocking out on R, Recover over to L, Cross R over L

¼ Turn, ½ Turn Sweep, Rock-Recover, Weave, Rock-Recover-Slide, Weave w/ ¼

& - 1 ¼ Turn R stepping back on L, ½ Turn R stepping fwd on R sweeping L out
2 - 3 Rock fwd on to L, Recover back on R sweeping L out
4-&-5 Step L behind R, Step R out to R, Cross rock L over R
& - 6 Recover back on R, Step L out to L while dragging R toward L
7-&-8 Step down on R, Step L behind R, ¼ Turn R stepping R fwd

Ball-Step-Coaster, ¼, ¼ Sweep, Weave w/ Cross, Rock-Recover Half Turn

& - 1 Ball step L beside R, Step R fwd w/ bent knee like your dipping down slightly
2-&-3 Step back on L, Step R back beside L, Step L fwd
4-&-5 ¼ Turn R rocking out on R, ¼ Turn L taking weight on L, ½ Turn L stepping back on R &
sweeping L around (¼ turns are quick really meant for lower body/feet)
6-&-7 Step L behind R, Step R out to R, Cross L over R
8-&-1 Rock R out to R, ¼ Turn L recovering weight to L, ¼ Turn L stepping R out to R

Basic R, Basic L, Rock-Recover-Step, Step-Half, R Chase Turn

2-&-3 Rock L behind R, Recover down on R, Big step L with L
4-&-5 Rock R behind L, Recover down on L, Rock R out to R
&-6-7 Recover over to L, Step R fwd (slightly lift L foot up), ½ Turn L stepping L fwd
8-&-1 Step R fwd, ½ Turn L stepping down on L, Step R fwd (this is 1st count of dance)

Easy Option for last counts

&-6-7 Recover over to L, Step/Rock R fwd (slightly lift L foot up), Step back on L foot slightly
dragging R
8-&-1 Step back on R, Step L back beside R, Step fwd on R (1st count of dance)

Restarts: The first one occurs during 2nd wall; The second during the 5th wall.

Dance all the first 16 counts and the & 1 count of the 3rd eight count. The 1 count is the restart and the start of your dance.

So you do your ¼ turn weave of the 2nd 8 and then ball step on the Left and step fwd on the Right which is the start of your dance!

THE END!!!! NICE AND SHORT!!! PLEASE ENJOY!!!!